# MUNICIPALITY OF THE COUNTY OF

#### **COUNCIL MEETING AGENDA**

Tuesday, December 10, 2024, 7:30pm

Council Chambers Municipal Administration Building 285 Beech Hill Road Beech Hill, NS B2G 0B4

- 1. Call to Order Chair Nicholas MacInnis
- 2. Approval of Agenda
- 3. Approval of Municipal Council Minutes
  - a. October 8, 2024
  - b. November 25, 2024
- 4. Business Arising from the Minutes
- 5. Delegations
  - a. People for an Antigonish Red Centre (PARC)
- 6. Correspondence
  - a. There is no correspondence
- 7. Committee Reports
  - a. December 10, 2024 Committee of the Whole Report
- 8. Reports from Individual Council Members on Outside Boards, Conferences, and Community Activities
- 9. Motions
- 10. Miscellaneous Business
  - a. Presentation of Staff Long-Service Award
  - b. New Years Levee
- 11. Adjournment

# MUNICIPALITY OF THE COUNTY OF

#### **Municipal Council Meeting- Minutes**

Tuesday October 8, 2024 5:30pm Council Chambers Municipal Administration Building 285 Beech Hill Road Beech Hill, NS B2G 0B4

Councillors Present: Warden Owen McCarron Councillor Mary MacLellan Councillor Donnie MacDonald Councillor Shawn Brophy

Regrets: Councillor Hugh Stewart

Staff Present: Shirlyn Donovan, CAO John Bain, EDPC Councillor Remi Deveau Councillor John Dunbar Councillor Gary Mattie (by Zoom) Councillor Harris McNamara

Deputy Warden Bill MacFarlane

Beth Schumacher, Deputy Clerk Tammy Feltmate, Director of Sustainable Communities Marlene Melanson, Director of Recreation (by Zoom)

Allison Duggan, Director of Finance

Also Present: Gallery

Matt Draper, XFM

#### Call to Order- Chairman, Warden Owen McCarron

Warden McCarron called the meeting to order at 7:45pm.

#### Approval of Agenda

Warden McCarron called for any additions or deletions to the agenda.

#### Min # 2024-129

Moved and Seconded

That the agenda be approved as presented.

#### Approval of September 10, 2024 Municipal Council Minutes

Warden McCarron called for any errors or omissions in the minutes included in the agenda package.

Min # 2024-130 Moved and Seconded

That the Municipal Council Minutes of September 10, 2024 be approved.

**Motion Carried** 

#### **Business Arising from the Minutes**

There was no business arising from the minutes.

#### Public Hearings

Mrs. Donovan reviewed the Public Hearing Protocol for the benefit of those in attendance.

Amendments to the West River Antigonish Harbour, Central Antigonish, and Keppoch-Beaver Mountain Plan Areas Municipal Planning Strategies and Land Use By-laws regarding Kennel Provisions

Mr. John Bain reviewed a presentation prepared by the EDPC team regarding the amendments that are proposed to several plan areas in the community to permit kennels in the rural development zone. Questions of Council then followed, which included questions about setbacks, circumstances where new kennels could development, and who would be processing the license applications and planning enforcement.

The floor was then opened to those wishing to speak against the proposed amendment.

David Young, from Dagger Woods Road, identified that he would like to speak against the proposal. He noted concerns with dogs barking on an adjacent property. He felt that the kennel had resumed operation and had concerns with barking enforcement. He asked how neighbours would be consulted as part of the kennel application process.

The floor was opened to those wishing to speak in favour of the amendment. No parties came forward.

#### Min #2024-131

Moved and Seconded

That the Planning Advisory Committee gives their approval and recommends that Municipal Council give first reading to, and schedules a public hearing for, the following plan and by-law amendments: 1. West River Antigonish Harbour Plan Area Municipal Planning Strategy

a. Amendment to Policy L-1.2 to add kennels to the list of permitted uses in the Rural Development (RG-1) Zone.

b. Amendment to Policy L-4.8 to add kennels to the list of permitted uses in the Business Commercial (BC-1) Zone.

2. West River Antigonish Harbour Plan Area Land Use By-law

a. Amendment to subsection 6.A.11 to exclude kennel uses from undersized lots.

b. Amendment to Part 8, "Rural General (RG-1) Zone", to add clauses regarding kennels.

c. Amendment to subsection 15.1 to include kennels as a permitted use in the Local Commercial (C-1) Zone.

d. Amendment to Part 15, "Local Commercial (C-1) Zone", to add clauses regarding kennels.

e. Amendment to subsection 16.1 to include kennels as a permitted use in the General Commercial (C-2) Zone.

f. Amendment to Part 16, "General Commercial (C-2) Zone, to add clauses regarding kennels.

g. Amendment to subsection 21.1 to include kennels as a permitted use in the Business Commercial (BC-1) Zone.

h. Amendment to Part 21, "Business Commercial (BC-1) Zone, to add clauses regarding kennels.

i. Amendment to Part 25, to update the definition of KENNEL.

3. Central Antigonish Plan Area Municipal Planning Strategy

a. Amendment to the preamble of Section 3.1 to note kennels in a list of example uses under Rural Development.

b. Amendment to Policy L-1.2 to add kennels to the list of permitted uses in the Rural Development (RD-1) Zone.

c. Amendment to Policy L-3.1 to add kennels to the list of permitted uses in the Rural Commercial (RC-1) Zone.

d. Amendment to the preamble of Section 3.2.4 to note kennels in a list of example uses under Hamlet Commercial.

e. Amendment to Policy L-12.1 to add kennels to the list of permitted uses in the Hamlet Commercial (HC-1) Zone.

f. Amendment to the preamble of Section 3.2.5 to note kennels in a list of example uses under Hamlet Highway Commercial.

g. Amendment to Policy L-13.1 to add kennels to the list of permitted uses in the Hamlet Highway Commercial (HHC-1) Zone.

4. Central Antigonish Plan Area Land Use By-law

a. Amendment to subsection 6.A.11 to exclude kennel uses from undersized lots.

b. Amendment to Subsection 8.1 to add kennels as a permitted use in the Rural Development (RD-1) Zone.

c. Amendment to Part 8, "Rural Development (RD-1) Zone", to add clauses regarding kennels.

d. Amendment to subsection 10.1 to add kennels as a permitted use in the Rural Commercial (RC-1) Zone.

e. Amendment to Part 10, "Rural Commercial (RC-1) Zone", to add clauses regarding kennels.

f. Amendment to subsection 16.1 to add kennels as a permitted use in the Hamlet Commercial (HC-1) Zone.

g. Amendment to Part 16, "Hamlet Commercial (HC-1) Zone", to add clauses regarding kennels.

h. Amendment to subsection 17.1 to add kennels as a permitted use in the Hamlet Highway Commercial (HHC-1) Zone.

i. Amendment to Part 17, "Hamlet Highway Commercial Zone", to add clauses regarding kennels.

j. Amendment to Part 19, to update the definition of KENNEL.

5. Keppoch Beaver Mountain Plan Area Municipal Planning Strategy

a. Amendment to Policy 3.3 to include kennels in the list of uses permitted in the Rural Development (RD-1) Zone.

6. Keppoch Beaver Mountain Plan Area Land Use By-law

a. Amendment to subsection 5.9 to exclude kennel uses from undersized lots.

b. Amendment to subsection 6.1 to add kennels as a permitted use in the Rural Development (RD-1) Zone.

c. Amendment to Part 6, "Rural Development (RD-1) Zone, to add Special Requirement clauses regarding kennels.

d. Amendment to Part 9 to create a definition for KENNEL.

Motion Carried (7 in favour, 1 against)

#### Rezoning on Mount Cameron Circle From Residential (R-1) Zone to Residential Multi-Unit (R-2) Zone

Mr. Bain spoke to an application to rezone several parcels on Mount Cameron Circle from R-1 to R-2, showing a number of maps and aerial photographs with the proposed units overlayed. Mr. Bain reviewed how the proposal was consistent with the relevant policies in the policy document. Staff and the PAC recommend that the rezoning be approved. Mr. Bain made note of the advertisements placed to provide notice of this public hearing and summarized the approval process moving forward. The floor was then opened for questions from Council. Questions asked included those regarding subdivision plans for the property, as-of-right unit counts in the existing zoning, and how servicing capacity was confirmed.

The floor was then opened for comments from the public from those against the proposal.

Ron Pumphrey, a resident of Mount Cameron, expressed his concerns with the staff report. He expressed concerns with the visual impacts of the density of development proposed, feedback from the community when soliciting comment on the proposal, and concerns about parking on the properties and roadway adjacent to the development. A concern was raised regarding the lack of parks in the Mount Cameron development. Winter snow removal concerns were raised, and the lack of sidewalks to provide options for residents. Accessibility concerns were also raised, with a question about whether any of the proposed homes were proposed to be accessible.

The floor was then opened to those looking to speak in favour of the development. No parties came forward.

An issue with the audio connection for Councillor Mattie was identified. Staff called Councillor Mattie and he had an opportunity to provide his comments regarding concerns with sewer issues taking place with the facility that provides service to this area. Mrs. Donovan provided an update with the status of the sewer facility that services the community, based on feedback from the CAO of the Town of Antigonish. Councillor McNamara expressed that he felt that any development should be paused until the issues with the sewer treatment plant have been resolved. Councillor MacDonald spoke to the concerns raised by Mr. Pumphrey.

A motion was made to deny the application due to concerns about sewer services in the area. Discussion followed regarding whether tabling the motion would require the new Council to hold a public hearing again.

#### Min #2024-132

Moved and Seconded

That Municipal Council table the rezoning of a portion of a property (PID 10132611) located between Highway 337 and Mount Cameron Circle as well as four properties (PIDs 10137099, 10137107,10137115 and 10137131) located on Mount Cameron Circle Antigonish Landing, Antigonish County from the Residential (R-1) Zone to the Residential Multi-unit (R-2) Zone to allow for the development of a quadplex residential development, in order to allow further investigation into concerns raised about sewer and water services.

Motion Carried (5 in favour, 3 against)

#### Correspondence

Mrs. Donovan provided a summary of the correspondence included in the agenda package.

#### Committee Reports

#### September 24, 2024 Asset Management Committee Report

#### Min # 2024-133

Moved and Seconded

That Municipal Council put out a tender for a sidewalk on Mount Cameron Circle from the western-most intersection with Highway 337 for a distance of approximately 150 metres.

Motion Carried (7 in favour, 1 against)

#### Min # 2024-134

Moved and Seconded

That Municipal Council requests that D. MacIsaac Road, Macken Road, and Tamara Drive for the 2025/2026 J Class Roads program.

#### **Motion Carried**

#### Min # 2024-135

Moved and Seconded

That Municipal Council tender sidewalks on Catherine Drive and Smith Way.

#### Min # 2024-136

Moved and Seconded

That Municipal Council supports the proposed lateral crossing of services across Highway 337 to the development adjacent to Parkland and negotiates cost-sharing opportunities for this work with the development partners of the benefitting lands.

#### **Motion Carried**

#### September 24, 2024 Committee of the Whole Report

#### Min # 2024-137

Moved and Seconded

That Municipal Council approves the proclamation of September 28, 2024 as British Home Child Day in Antigonish County.

#### **Motion Carried**

September 27, 2024 Committee of the Whole e-Poll Report

#### Min # 2024-138

Moved and Seconded

That Municipal Council award the tender for the Asphalt Surfacing of the Multi-Use Pathway to Allan MacNeil Construction for a bid price of \$99,082.70 + HST.

#### **Motion Carried**

#### October 8, 2024 Committee of the Whole Report

#### Min # 2024-139

Moved and Seconded

That Municipal Council enter into a one-year agreement with the SPCA as proposed in their quote dated September 29, 2024 for Kennel Services and Animal Control.

#### **Motion Carried**

#### Min # 2024-140

Moved and Seconded

That Municipal Council approves the 2024/25 Statement of Estimates A&B.

**Motion Carried** 

#### Min # 2024-141

Moved and Seconded

That Municipal Council write-off the taxes for AAN 00489875, which was destroyed by fire, in the amount of \$355.16.

#### Min # 2024-142

Moved and Seconded

That Municipal Council approve the submission of a funding request to the Green and Inclusive Community Buildings Fund for work at the Antigonish Arena in partnership with the Town of Antigonish.

#### Motion Carried

Moved and Seconded

Min # 2024-143

That Municipal Council provide a leave of absence to Councillor Stewart for the October 8, 2024 Council Meeting for medical reasons.

#### **Motion Carried**

#### Min # 2024-144

Moved and Seconded

The Committee recommends that Municipal Council support the proposed lateral crossing of services across Highway 337 to the development adjacent to Parkland to a maximum cost of \$17,500 + HST.

#### **Motion Carried**

#### Min # 2024-145

Moved and Seconded

That Municipal Council writes a letter to the Minister of Justice, copied to Minister Thompson and Minister Morrow, requesting a meeting regarding ongoing crime in the Antigonish County area.

#### **Motion Carried**

#### **Reports from Councillors**

Councillor Brophy noted that the Joint Town and County Policy Advisory Committee would be meeting tomorrow evening.

Councillor Dunbar noted that the Heritage Museum Board will be meeting on the first Monday of November, and the Arena Board would be meeting on Wednesday October 16<sup>th</sup>.

Councillor MacDonald provided a number of Easter Regional Solid Waste Management Committee updates, including information about scores of compliance following a waste audit, and noting that there were no updates regarding Extended Producer Responsibility as they are waiting for a readiness report. Kevin O'Hanley is working on do not litter signs. Waste Reduction Week coming up at the end of October, with an event at the Antigonish Library. Councillor McNamara attended the RK Board Meeting on September 26<sup>th</sup> and noted that the next one is scheduled for October 24<sup>th</sup>.

Councillor Mattie spoke to the break-in situation in his district, and suggestions received by residents about streetlight installations in high-risk areas.

#### <u>Motions</u>

Ms. Schumacher reviewed the highlights of the staff presentation made on September 10<sup>th</sup> regarding the proposed by-law. She noted that the notice of second reading was advertised on the County's webpage, as well as in the Reporter, and invited questions from Council. A question was asked regarding the choice of paper for advertisements, and staff noted that it was due to the advertising lead times.

#### Min # 2024-146

Moved and Seconded

That Municipal Council give second reading to and approves the By-law Respecting Commercial Dog Care and Kennel Facilities as proposed.

Motion Carried (7 in favour, 1 against)

#### Additions to the Agenda

There were no additions to the agenda.

#### Miscellaneous Business

Mrs. Donovan noted that the regular Asset Management and Committee of the Whole meetings on Tuesday, October 22, 2024 would be cancelled as they fell in the period between the October 19<sup>th</sup> municipal election and the swearing-in of the new Municipal Council. The first meeting of the new Municipal Council, when everyone is expected to be sworn in, is anticipated to take place on the regular meeting date of Tuesday, November 12, 2024.

A presentation of plaques to those Councillors who did not re-offer in the election was made, to recognize their service to the community, as follows:

- Councillor Hughie Stewart 26 years on Municipal Council
- Deputy Warden Owen MacFarlane 20 years on Municipal Council
- Councillor Remi Deveau 20 years on Municipal Council
- Councillor Donnie MacDonald 24 years on Municipal Council
- Warden Owen McCarron 30 years on Municipal Council

Mrs. Donovan also presented Warden McCarron with a certificate from the NSFM recognizing his 30 years of municipal service.

Warden McCarron took the opportunity to thank municipal staff for their service to the community and the organization. He also thanked members of Council, both those who are retiring and those moving forward in acclamation or in elections for their districts. Warden McCarron thanked the members of the media for their attendance and support over the years. Warden McCarron spoke about the wardens that he worked with and thanked everyone for the opportunity to serve the community in the capacity that he did.

Councillor Deveau spoke about the growth in the community since he joined Council in 2004 and noted the tax rate staying consistent and even dropping in that time. He spoke highly of the CAOs and staff at the organization.

Councillor MacDonald read a statement providing his thanks to Council and staff for their support over his terms on Municipal Council.

Councillor Brophy thanked those moving on for their support in his years on Council.

Councillor MacLellan gave her thanks to Warden McCarron for his support and advice over the years.

Councillor McNamara noted his respect for his colleagues on Council who are not reoffering. He noted that he was sorry to have Warden McCarron go.

Councillor Mattie offered his thanks for Warden McCarron and Councillors MacDonald and Deveau for their service and support during his years on Council.

Councillor Dunbar thanked all outgoing councillors for their service to their community. He thanked them for their support and mentorship during his years on Council and wished them all well.

#### **Adjournment**

Min # 2024-147 Moved

That the Council meeting adjourns at 9:52 pm.

**Motion Carried** 

Warden Owen McCarron

Shirlyn Donovan, CAO

## MUNICIPALITY OF THE COUNTY OF ANTIGONISH

#### **Municipal Council Meeting- Minutes**

Monday November 25, 2024 7:30pm **Council Chambers Municipal Administration Building** 285 Beech Hill Road Beech Hill, NS B2G 0B4

Councillors Present: Warden Nicholas MacInnis Deputy Warden John Dunbar Councillor Mary MacLellan Councillor Adam Baden-Clay Councillor Richelle MacLaughlin (by Zoom) Councillor Sterling Garvie

Councillor Shawn Brophy **Councillor Wayne Melanson Councillor Gary Mattie** Councillor Harris McNamara

Regrets: None

Staff Present: Shirlyn Donovan, CAO John Bain, EDPC Allison Duggan, Director of Finance

Beth Schumacher, Deputy Clerk Meghan MacGillivray-Case, Solicitor Marlene Melanson, Director of Recreation (by Zoom)

Tammy Feltmate, Director of Sustainable Communities

Also Present: Gallery (in person and on Zoom)

#### **Call to Order- Warden MacInnis**

Warden MacInnis called the meeting to order at 7:33pm

#### Approval of Agenda

Warden MacInnis called for any additions or deletions to the agenda.

#### Min # 2024-157

Moved and Seconded

That the agenda be approved as presented.

#### Approval of November 12, 2024 Municipal Council Minutes

Warden MacInnis called for any errors or omissions in the minutes included in the agenda package. Ms. Schumacher noted that the surnames of two of the speakers at the public hearing noted in the minutes were spelled incorrectly and would be amended.

Min # 2024-158 Moved and Seconded

That the Municipal Council Minutes of November 12, 2024 be approved as amended.

**Motion Carried** 

#### **Business Arising from the Minutes**

There was no business arising from the minutes.

#### **Committee Reports**

November 25, 2024 Committee of the Whole Report

Min # 2024-159

Moved and Seconded

That Municipal Council send a letter to Provincial Department of Public Works, the Antigonish MLA, and the Provincial Minister of the Department of Public Works, asking for immediate help regarding the condition and maintenance of the Antigonish part of the Dunmaglass-MacArras Brook Road.

#### **Motion Carried**

#### Min # 2024-160

Moved and Seconded

That Municipal Council approves the March 31, 2023 audited consolidated financial statements for the Municipality of the County of Antigonish.

#### **Motion Carried**

#### Min # 2024-161

Moved and Seconded

That Municipal Council award **UPLAND Planning + Design consultants** the contract for "Planning Consultation for Housing Density Increase, Zoning and Bylaw Review" for the Town of Antigonish and the Municipality of the County of Antigonish as part of their responsibilities under the Federal Housing Accelerator Fund, at the bid price of \$39,900 + HST for a total of \$45,885.

#### Min # 2024-162

Moved and Seconded

That Municipal Council engage KBRS for Compensation Review Services for the total cost of \$26,100 + HST.

#### **Motion Carried**

#### Min # 2024-163

Moved and Seconded

That Municipal Council approve the signing of the Order for Winter Parking Regulations for 2024-2025, setting out the period from December 1, 2024 to April 15, 2025 as the time in which Winter Parking Regulations will be in effect on roads/streets under the jurisdiction of the County of Antigonish.

#### **Motion Carried**

#### Min # 2024-164

Moved and Seconded

That Municipal Council appoint the following SPCA staff members as By-law Enforcement Officers for the Municipality of the County of Antigonish for the purpose of enforcing the By-Law Respecting the Responsible Ownership of Dogs: Tanner Howatt, Paul Hunter, Jennifer Nolan, Kevin Strooband, Janice Mills, Heather Woodin, and Karen DeWolfe.

#### **Motion Carried**

#### <u>Motions</u>

#### Mount Cameron Rezoning

Ms. MacGillivray-Case spoke to the status of the motion that was tabled on October 8, 2024, as well as a second motion regarding that tabled motion made on November 12, 2024. Council was advised to put the tabled motion back on the table for the purpose of withdrawing it, and making a new motion regarding the request to rezone the identified properties.

#### Min #2024-165

Moved and Seconded

That Municipal Council return to the table the motion that Municipal Council table of motion by two weeks for the rezoning of a portion of a property (PID 10132611) located between Highway 337 and Mount Cameron Circle as well as four properties (PIDs 10137099, 10137107,10137123 and 10137131) located on Mount Cameron Circle Antigonish Landing, Antigonish County from the Residential (R-1) Zone to the Residential Multi-unit (R-2) Zone to allow for the development of

a quadplex residential development, and that a new staff report be prepared and that legal advice regarding the status of the tabled motion be presented.

#### **Motion Carried**

#### Min #2024-166

#### Moved and Seconded

That Municipal Council withdraw a motion that Municipal Council table of motion by two weeks for the rezoning of a portion of a property (PID 10132611) located between Highway 337 and Mount Cameron Circle as well as four properties (PIDs 10137099, 10137107,10137123 and 10137131) located on Mount Cameron Circle Antigonish Landing, Antigonish County from the Residential (R-1) Zone to the Residential Multi-unit (R-2) Zone to allow for the development of a quadplex residential development, and that a new staff report be prepared and that legal advice regarding the status of the tabled motion be presented.

#### **Motion Carried**

Councillor Baden-Clay provided his thanks to the residents in his district that reached out to him to express their concerns with the proposed development, with particular mention of the loss of a walking trail located where a road is proposed to be constructed, and the potential for flooding of adjacent properties adjacent to the proposed development. Councillor Baden-Clay that a request be made to the applicant to provide a stormwater management plan. He noted that many of the residents that reached out to him asked for an additional access to Highway 337, which is shown in the proposed development plan. He also spoke to representatives from Public Works regarding sewage treatment plant concerns when investigating the concerns raised by residents in that area. Councillor Baden-Clay noted that senior's housing is in high demand in the community and asked that affordable housing be a consideration in development in the area. He asked that municipal policies regarding parkland dedication be revisited, as well as the means that are utilized for giving notice of a rezoning application to the public, and that accessibility and active transportation be considered as well.

#### Min #2024-167

#### Moved and Seconded

That Municipal Council approves the proposed rezoning of a portion of a property (PID 10132611) located between Highway 337 and Mount Cameron Circle as well as four properties (PIDs 10137099, 10137107,10137123 and 10137131) located on Mount Cameron Circle Antigonish Landing, Antigonish County from the Residential (R-1) Zone to the Residential Multi-unit (R-2) Zone to allow for the development of a quadplex residential development.

Proclamation of December 3, 2024 as the International Day of Persons with Disabilities in Antigonish County

Warden MacInnis read through the proclamation for the benefit of Council.

### Min #2024-168

Moved and Seconded

That Municipal Council proclaim December 3,2024 as the International Day of Persons with Disabilities in Antigonish County.

#### **Motion Carried**

#### **Correspondence**

Correspondence from the Food Bank was reviewed.

#### Min #2024-169

Moved and Seconded

That Municipal Council donate \$3,000 to the Antigonish Community Food Bank.

**Motion Carried** 

#### Additions to the Agenda

There were no additions to the agenda.

#### Miscellaneous Business

Deputy Warden Dunbar shared that he and Councillor Baden-Clay attended the Naomi Society flag raising earlier in the day and provided awareness pins to the rest of Council.

#### Adjournment

**Min # 2024-170** Moved

That the Council meeting adjourns at 8:08 pm.

**Motion Carried** 

Warden Nicholas MacInnis

Shirlyn Donovan, CAO



### Proposal to Establish a Steering Committee for Antigonish Recreation Centre

What does PARC mean?

PARC is an acronym for People for an Antigonish Recreation Centre. We are a group of local residents representing diverse backgrounds and subgroups within our Town and County who believe that our community would significantly benefit from having a community, sports, and recreation centre.

What does PARC do?

PARC is exploring whether a rec centre in our town makes sense. With our growing population, the need to attract professionals like physicians and skilled workers, and manage an aging population, we think it's time to begin this process.

Antigonish Town and County has 20,000+ people and has grown 6.4% since 2006. We are a vibrant, attractive, growing community, however there is currently limited access to gyms, pools, and recreation facilities available for all. Our area is big: according to Canada's 2021 Census Data, Antigonish Town and County has 3,032 children aged 0 - 14, 1,205 people ages 15 - 19, and 4,830 people aged 65+.

What have you done to date?

In June 2023, members of PARC presented at a joint Town and County council meeting asking for approval for a Request for Proposals (RFP) to conduct a feasibility study. This feasibility study, conducted by consultants (chosen through the RFP process under Nova Scotia Law) would determine whether the Town and County could support a rec centre and it would answer questions such as: how much it would cost, where would it go, what would be in it, what type of maintenance would it need, and much more! Town and County councilors were excited in principle by the proposal and asked for an RFP to be developed. PARC members, along with employees of Town and County, collaborated in the development of a robust, comprehensive RFP.

In November 2023, the RFP was presented to joint Town and County councils. In December 2023, both the Town and the County of Antigonish determined that the RFP was too broad in scope and requested that it be re-evaluated and reduced to become



more focused on a few specifics as a first step, rather than addressing all of the questions that need to be answered at once.

In February and March 2024, members of PARC met with CAOs of Town and County to discuss how to bring a rec centre to Antigonish. In May and June 2024, members of PARC met with the Pictou YMCA and Community members from Pictou to discuss how they brought rec centres to their towns.

In August 2024, over a year after presenting to Town and County, we decided to become more public in our efforts, launching the PARC Facebook page to gauge interest.

#### **Community Input**

In conversations with community members, PARC discovered that it was difficult for people to find recreation facilities for young children in winter; safe, ice-free walking for the elderly; and safe spaces for youth to congregate with peers. While we love the great outdoors in Nova Scotia, it's sometimes not possible especially during heat waves, pouring rain, and frigid winters – our community deserves more access to recreation spaces – indoors and out!

Some comments from our Facebook Page:

"One of the biggest problems is that there is so much need that anywhere with "limited space" is going to book up so quickly that it will be inaccessible to most."

"A child friendly pool like in NG and a slide would be amazing of course, and in general, having a place where parents have options to be active while kids are in activities would be so valuable."

"Definitely a family-friendly, accessible pool. Just general activity space that is free of charge would be good. We have a lot of kids at the library after school who have energy to burn. I would love to be able to send them to a safe, warm, dry space to play. I have often thought about loaning play equipment (basketballs, etc.) from the library that people can sign out with their library card to play for a couple of hours. But where do they go? Columbus Field is great when the weather is good. I love that some places have been providing free play equipment (like at the Sandlot) but sadly it is also prone to vandalism."

Some comments from Community Experts:



"Establishing a Community/Recreation Centre in Antigonish is aligned with the Nova Scotia government's plan to establish resilience hubs across the province

(https://www.cbc.ca/news/canada/nova-scotia/regional-emergency-operati ons-centres-1.7327127). These hubs are essential for coordinated municipal and county responses to disasters. Data shows community/rec centres can help forge social connectedness which, we know, is key to local resilience. During climate emergencies, community/rec centres can also serve as centralised support infrastructure by storing emergency supplies and equipment, providing communication coordination, and distributing resources to residents."

Dr. Riley Olstead, Department of Sociology, St. Francis Xavier University

"Daily physical activity is critical for a healthy population, with benefits equaling or surpassing pharmaceutical alternatives for the most prevalent chronic diseases in our society (e.g., heart disease, type 2 diabetes). Canadian guidelines call for adults to accumulate a minimum of 150 minutes of moderate-to-vigorous physical activity per week and several hours of light intensity activity each day. Only half of Canadians attain this minimum goal, and the least active group are those 60 years and older with only a third meeting guidelines. Older Canadians move less in the winter than in other seasons due to poor weather conditions which make walking outside unappealing and dangerous. This lack of movement leads to muscle and bone loss, increasing their risk of bone fractures and their ability to live independently. A Community/Recreation Centre in Antigonish would allow members to be physically active year-round. This would have a significant positive impact on the physical and mental health of community members, fostering a greater sense of community, especially in our aging population."

Dr. Ryan E.R. Reid, Associate Professor, Department of Human Kinetics, St. Francis Xavier University

"Antigonish was a great community to grow up in, but we need to make it more inclusive for individuals of different economic statuses and backgrounds. Recreational opportunities can be made more inclusive, there are so many kids in this area. So many people are time crunched single parents like myself might not have the time to drive to a playground. We need more easily accessible green spaces in residential areas. Playgrounds that are inspiring, not rundown. We need basketball courts that are free. Kids shouldn't have to sneak into a gym to play because they can't afford to buy a membership."

Tara Reddick on inclusive communities

Community support from the Chamber of Commerce:



The Antigonish Chamber of Commerce supports this investigation into a new indoor recreation centre. Improved recreation opportunities and spaces would attract visitors, increasing spending in our hotels, restaurants, retail stores, and other service providers. Additionally, it offers a valuable amenity that improves the quality of life for residents, helping to retain talent and attract new businesses.

#### Call to Action - Creation of a Steering Committee

The steering committee aims to prepare an initial path forward to identify and address limitations, both physical and policy-based, in accessing recreational facilities in Antigonish Town and County. By March 2025, the committee plans to determine the next steps in this process.

To support this initiative, the committee requests resources from both Town and County Councils. Specifically, they seek the time, expertise, and insights of one staff person and one to two council members from each council. These representatives, alongside two members of PARC, would form the steering committee. Meetings are proposed to take place every two weeks throughout the winter months, with a PARC-led kick-off meeting scheduled for early January.