

MUNICIPALITY OF THE COUNTY OF

ANTIGONISH

County Connect

Spring/Summer 2024

Your CONNECTION TO
MUNICIPAL SERVICES.

Recreation.

Community.

Recycling.

Safety.

Councillor Information.

Contacts.

BULKY WASTE INFORMATION INSIDE



A MESSAGE FROM THE WARDEN & your Antigonish County Council

Welcome, Kwe, Bonjour, Failte, Welkom:

First, I'd like to wish farmers and fishers all the best for a plentiful and productive season.

As usual, there are a lot of exciting events lined up for Antigonish this summer, including Monster Trucks, Canada Day Celebrations, Festival Antigonish, Nova Scotia Hike Summit, Antigonish Highland Games, Nova Scotia Summerfest and more! I encourage you all to get out and enjoy the season with friends and family.

Summer is shaping up to be a busy construction season as well. The Antigonish Active Transportation Corridor, which is a partnership between the County, province and federal governments, will be breaking ground on a roundabout at the Church Street/Trunk 4 intersection. Appleseed Drive from D MacIsaac Road to Market Street will be paved.

Work is ongoing with the community centres across the County on our Net-Zero Community Buildings Project. With support from the provincial and federal governments, this project will see efficiency upgrades and investments in solar PV systems, significantly reducing their energy use, green house gas emissions and utility costs. Community centres are part of the fabric of our communities, and we are very happy to be able to support them in this way.

Our recreation department is busy planning for the summer programs, equipment loans, and Make Your Move Antigonish, which emphasizes simple movements like walking, gardening, standing, cycling and unstructured active play to be more active and feel better. I challenge everyone to think about what small ways they can be more active in their everyday activities.

Municipal Elections will be taking place across Nova Scotia on October 19, 2024. Stay tuned to our website for updates.

Take a look through the pages of this edition of County Connect for more information on all of this and more.

I want to send a special thank you to longtime County employees Debbie Cormier and John Chisholm and wish them all the best in their retirement.

Respectfully,

A handwritten signature in blue ink that reads "Warden McLauren". The signature is fluid and cursive, with a long horizontal stroke at the end.

CONTACT YOUR COUNCILLOR



Councillor
Mary MacLellan
902-863-1101
mary.maclellan@antigonishcounty.ca

DISTRICT 1



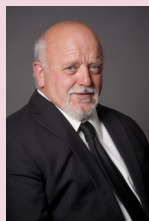
Councillor
Donnie MacDonald
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donnie.macdonald@antigonishcounty.ca

DISTRICT 2



Deputy Warden
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DISTRICT 3



Councillor
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shawn.brophy@antigonishcounty.ca

DISTRICT 4



Councillor
Rémi Deveau
902-870-2866
remi.deveau@antigonishcounty.ca

DISTRICT 5



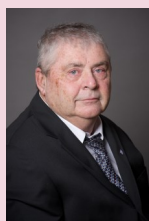
Warden
Owen McCarron
902-968-1290
owen.mccarron@antigonishcounty.ca

DISTRICT 6



Councillor
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john.dunbar@antigonishcounty.ca

DISTRICT 7



Councillor
Gary Mattie
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gary.mattie@antigonishcounty.ca

DISTRICT 8



Councillor
Harris McNamara
902-318-8333
harris.mcnamara@antigonishcounty.ca

DISTRICT 9



Councillor
Bill MacFarlane
902-870-7737
bill.macfarlane@antigonishcounty.ca

DISTRICT 10

MUNICIPAL ELECTION 2024

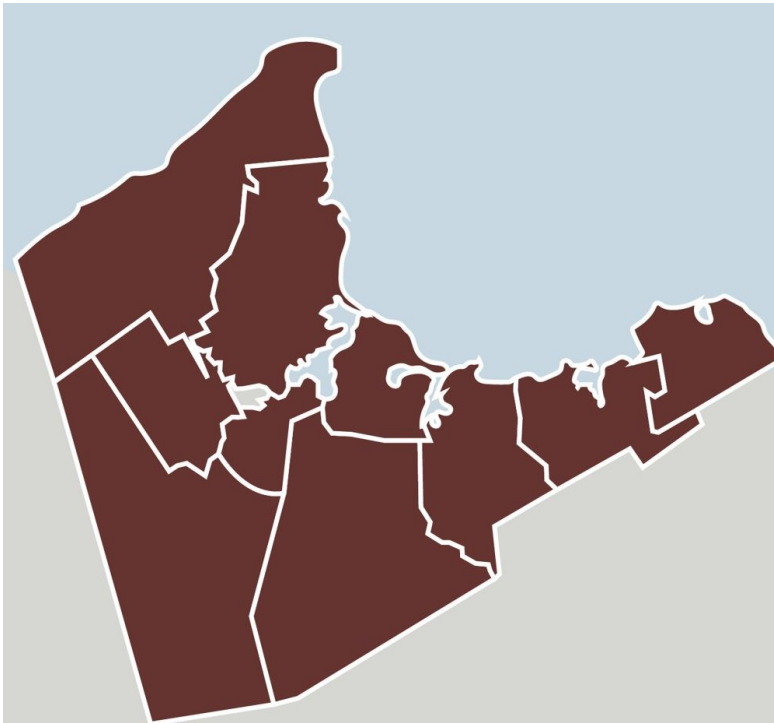
Municipal Elections will be taking place across Nova Scotia on October 19, 2024.

In order to run for council, you must:

- be 18 years of age at the time of nomination
- be a Canadian citizen
- be ordinarily resident in the municipality or in an area annexed to the municipality for 6 months preceding nomination day, and continue to so reside

You do not need to reside in the polling district of the municipality in which you wish to seek election, as long as you meet the residency requirement of six months in the municipality.

More information on the Municipal Election will be on our website in the coming weeks and months www.antigonishcounty.ca



EXPLORE ANTIGONISH

BEACHES

Pomquet *
Bayfield *
Dunn's
Cribbon's
Mahoney's
Ballentyne's Cove
Livingstones Cove
Malignant Cove
Arisaig



* The Nova Scotia Lifeguard Service will be providing lifeguard services at Pomquet and Bayfield Beaches for July and August, from 10am-6pm daily (unless otherwise noted).

TRAILS

Fairmont Ridge

Cape George

Antigonish Landing

Keppoch

Arisaig Provincial Park

Mahoneys Beach Trail

Linwood Heritage Nature Trail and Picnic Park

Beaver Mountain Provincial Park



Antigonish County Recreation



Summer Day Camps 2024



FUN ON THE RUN (AGES 4-12)

This action-packed camp offers a variety of activities including exciting games, creative and outdoor play, art, singing and science experiments! This camp typically takes place one week in each community: Pomquet, Lakevale, Monastery, Heatherton, Arisaig, St. Joseph's, Havre Boucher, and St. Andrews.

MOVIN' AND GROOVIN' (AGES 3-6)

Movin' and Groovin is a camp for making friends and having fun, while learning the basic fundamental skills for movement.

Location: St Andrew Junior School

GO! BACK TO NATURE (AGES 5-7) AND (AGES 8+)

GO! Back to Nature is a camp for those who love being outdoors. This camp incorporates teamwork and respect for each other and the environment.

Location: Lochaber Community Centre

KIDVENTURE (AGES 5-7)

KidVenture is designed for young school-aged children that want a fun-filled day of camp! KidVenture activities include: sports on the playing field, outdoor adventures, art fun, imaginative play, stories and songs.

Location: St Andrew Junior School

BEACH BUDDIES

Spend a fun week at Pomquet Beach with your friends! Don't forget to pack your sunscreen and water!

REGISTRATION OPENS MAY 29TH AT 12:00 NOON

Register online @ mysporthub.ca

Make sure to have your family profile made ahead of time!

902-863-1141



Antigonish County Recreation



Summer Day Camps 2024



FUN ON THE RUN \$90/WEEK

8:45am - 4:00pm (Ages 4-12)

- Havre Boucher Community Centre: July 2-5 (Tuesday- Friday)
- Mini Trail Community Centre: July 15-18 (Monday- Thursday)
- Heatherton Community Centre: July 8-11 (Monday- Thursday)
- Arisaig Community Centre: July 2- 5 (Tuesday- Friday)
- East Antigonish Education Centre: July 22-25 (Monday - Friday)
- St. Josephs Community Centre: July 22 - 25 (Monday- Thursday)
- St. Andrew's Community Centre: August 12-15 (Monday- Thursday)
- St. Andrew Junior School: August 6-9 (Tuesday - Friday)



GO! BACK TO NATURE \$90/WEEK

8:45am - 4:00pm



- Go! Back to Nature Jr. Age 5-7: July 8 -11 (Monday- Thursday)
- Go! Back to Nature Sr. Age 8+: July 15- 18 (Monday- Thursday)

MOVIN' AND GROOVIN' \$55/WEEK

- Movin' and Groovin Age 3-6: July 29- Aug 1 (8:30am - 11:30am)
- Movin' and Groovin Age 3-6: July 29- Aug 1 (12:00pm - 3:00pm)

KIDVENTURE \$90/WEEK

8:45am - 4:00pm (Ages 5-7)

- Kidventure: July 29- Aug 1 (Monday - Thursday)



BEACH WEEK \$90/WEEK

10:00am - 4:00pm (Age 4-12)

- Pomquet Beach Week: August 6 - 9 (Tuesday- Friday)



REGISTRATION OPENS MAY 29TH AT 12:00 NOON

REGISTRATION IS NOW ON SPORT HUB!

Register online @ mysporthub.ca



Make sure to have your family profile made ahead of time!

902-863-1141



MAKE YOUR MOVE

Antigonish

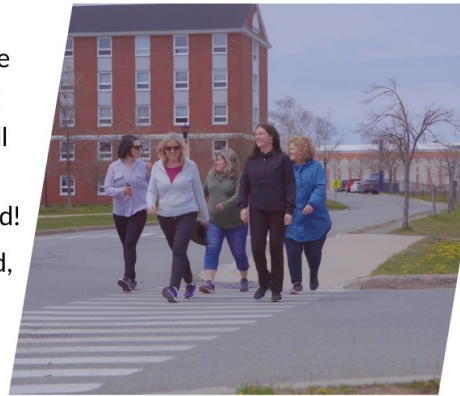
Make your move at work, at school, and around our communities to help play a role in creating a healthier, happier, livable Antigonish Community!

Your next move is yours to choose!

MYMA encourages you to take a few minutes everyday to move - simple, natural, everyday movements! Move and celebrate with your friends, family, and community. Movement like walking, wheeling, cycling, standing more, and outdoor active play can be easy to add in small bouts throughout your day.

Most importantly, moving makes you feel good!

- Go for a stroll! Make a plan with a friend, neighbor or coworker.
- Get outside and play in your garden, yard, or hang out the wash!
- Meetings! Meetings! Meetings! Stand, move and stretch more!
- Bike, roll, stroll to get to where you need to go!



JOIN THE
MOVEMENT!



info@makeyourmoveantigonish.ca
www.makeyourmoveantigonish.ca



@makeyourmoveantigonish

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH


NOVA SCOTIA

MAKE YOUR MOVE Antigonish

Make your move at work, at school, and around our communities to help play a role in creating a healthier, happier, livable Antigonish Community!

Make your Move in May

- Gardening and bike maintenance workshops!
- Wednesday Walks - Join a lunch time walk in and around Antigonish
- Community Walk and Wheel on the new AT Corridor
- Chances to WIN in our weekly challenges!
 - Walk to school/work
 - Use the AT Corridor
 - Beaches, Trails and Parks
 - Bike to school/work
- Make Your Move Community Picnic Saturday, May 25, 2024



CHECK OUT
MAKE YOUR MOVE
ANTIGONISH SOCIAL
MEDIA FOR EVENT AND
WORKSHOP UPDATES!

@makeyourmoveantigonish



Choose to move!

✉ info@makeyourmoveantigonish.ca
🌐 www.makeyourmoveantigonish.ca
📘 [@makeyourmoveantigonish](https://www.facebook.com/makeyourmoveantigonish)
📷 [@makeyourmoveantigonish](https://www.instagram.com/makeyourmoveantigonish)

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH


NOVA SCOTIA

EQUIPMENT LOAN PROGRAM



Antigonish County Recreation (ACR) offers an extensive equipment loan program that incorporates a variety of adapted recreational equipment. This program will allow all of ACR's equipment to be loaned out without any financial or logistical barriers.

Equity of available programs and services in our community is of the utmost importance and ACR hopes to continue to support community members of all abilities in recreation pursuits. Our main goal with this program is to enhance accessibility in the community by increasing opportunities for fun and healthful recreational activities for people of all abilities.



FOR MORE INFO OR QUESTIONS ON BORROWING EQUIPMENT CONTACT

Antigonish County Recreation
285 Beech Hill Rd, NS B2G 0B4

902-863-1141 | recreation@antigonishcounty.ca

Visit our website online at <https://recreation.antigonishcounty.ca>

EQUIPMENT LOAN PROGRAM



Recreational Equipment Available for Loan



Triad TMX T-5 is a robust tricycle suited for older children with an overall height of 47" (120cm) to 57" (145cm). It is fitted with 20" wheels, a caliper brake with parking brake feature and has a recommended maximum weight of 150lbs.

FRE DCP16 is a tricycle small enough for younger children but adaptable to fit most kids. Its direct drive and low gear ratios make pedaling easy for beginners. Inseam 20" -26" and maximum of 150lbs.

A Hippocampe is an all terrain wheelchair that gives its rider a sense of freedom to go anywhere and enjoy the great outdoors. Lightweight, compact, waterproof, & buoyant, this wheelchair provides accessibility to difficult terrain including the beach, snow, sand & mountains. It can be pushed or self-propelled and has a weight restriction of 250lbs-300lbs.



PFD-A's combine the safety of other PFD's while also providing extra head support. They allow the user to float while lying on their back and are difficult to overturn.

LJ-A's are a PFD that supports the upright position for disabled person. It allows the user to swim comfortably on their stomach and to float on their back.

Mobi Chair is a high quality, adjustable beach wheelchair that provides a seamless transition from boardwalk-to-beach-to-water for riders with low mobility. Equipped with large wheels, safety straps, & a push bar. Wheels and arm rests act as floatation devices allowing the rider to float in the water. The Mobi chair has a weight restriction of 300lbs.



Sledges are used to allow participants to enjoy a game of hockey or simply glide on the ice in a seated position. The sledges are equipped with a push bar as well as hockey sticks to help the rider propel themselves forward. Great equipment for riders with limited mobility or compromised balance.

EQUIPMENT LOAN PROGRAM



Recreational Equipment Available for Loan



The TerraWheel is designed with the goal to provide the most versatile options for wheelchair users to maximize their outdoor experience and enjoy outdoor activities to their full ability.

A Snow Coach is a great sled for those who need lateral support and have good head, neck, & trunk support. The sled has a padded seat, safety straps, raised back support, a head rest, steal runner and a push handle.



AS 2000 is an adapted bike designed for riders age 14+. Fitted with 20" wheels and 7 speeds to give the option of selecting easy or challenging pedaling. Suitable for those with inseam 23"-34" and maximum recommended weight is 225lbs.

Adaptive canoe equipment including lashing bars to join two canoes together creating a stable platform to fish, motor, or sail. Canoe stabilizer floats are universal and designed to keep the canoe stable and upright. Drop in seats that are lightweight, durable and made of a strong aluminum frame holding up to 300lbs.



Personal Flotation Device (PFD) are available in 4 different sizes and they allow users to stay afloat. Sizes are infant, child, youth and adult.

EQUIPMENT LOAN PROGRAM



Recreational Equipment Available for Loan

Nordic Walking/Trekking Poles:

Help to propel you forward while providing traction and stability with their bell shaped hand grips.



Bikes, Scooters and Helmets:

A variety of bicycles, scooters and helmets in various sizes.



Miscellaneous:

Yoga Mats, Stand Up Paddle Boards, Toddler Tunnel, Sand Castle Kits, Stacking Cup Sets



Sport In A Bag:

Baseball, Soccer, Basketball, Pickleball



Outdoor Lawn Games:

Bocce Ball, Ladder Ball, Washer Toss, Horse Shoes, Jumbo Dice Game, Bean Bag Toss, Glow in the Dark Lawn Darts, Disc Slam, Spike Ball, Connect 4



Community Bags:

May include: Skipping Ropes, Balls, Pylons, Parachute, and/or Hoola-Hoops



Snowshoes:

Approximately 75 pairs in varying sizes.



Skates and Helmets:

Ice skates and helmets in various sizes.



SPORT & RECREATION FUNDING PROGRAMS

KIDSPORT



KidSport is a national children's charitable program that helps disadvantaged kids overcome the barriers preventing or limiting them from participating in organized sport. KidSport Nova Scotia provides funding up to \$500 per year per child for sport registration or equipment.

CANADIAN TIRE JUMPSTART



Canadian Tire Jumpstart is a community based charitable program to get children active. Jumpstart provides funding for sport or recreation fees to financially disadvantaged children so they can participate in recreational activities and organized sport.

BONVIE-MACDONALD RINKS TO LINKS



NHL'ers Dennis Bonvie and Craig MacDonald founded the Rinks to Links Golf Classic in 2004, they wanted to show their thanks and appreciation to their home communities by assisting children to get involved with minor hockey that might otherwise not have the opportunity. Funds raised at the tournament assists children with their registration and gear costs.

The Gary Boone Leadership Development Fund provides financial assistance to non-profit community groups and organizations for leadership training and development

Recreation Sport Cultural and Leadership Travel Assistance: Provides travel assistance to youth teams, clubs, or organizations travelling to sport or cultural competitions/tournaments outside of Antigonish County. Provides travel assistance to local youth who have been selected as members of a provincial or national team.

FINANCE DEPARTMENT

LOW INCOME PROPERTY TAX REBATE: The Municipality of the County of Antigonish has a Tax Exemption Policy for Low-Income Tax Payers, those with a total household income of less than \$33,000*. The deadline to apply for the Low-Income Tax Exemption is December 31, 2024.

*This number is subject to change.

The purpose of this policy is to assist low-income tax payers by providing a reduction of up to \$300 on their property tax bills (dwelling only).

Copies of the *Low Income Tax Exemption Form* can be picked up at the Municipal Administration Office, 285 Beech Hill Road and on our website <https://antigonishcounty.ca/tax-rebates/>

HAS YOUR ADDRESS CHANGED?

Have you recently moved OR
has your address been changed by Canada Post?

Please call 902-863-1117 or email reception@antigonishcounty.ca to update your proper mailing address.

IMPORTANT NOTICE REGARDING PAYMENTS & INTEREST CHARGES

Payment Options:

- Credit card or debit payments (payments can be phoned in with a credit card)
- Through your bank or financial institution
- By mail with a cheque or money order
- Cash

Bills are due upon receipt:

- Please allow sufficient time for payments to reach the Municipality of the County of Antigonish. Seven days may be required for payment by mail and three days for bank payments. We will credit payments to your account(s) on the day that we receive them.
- Interest charges will be applied if we do not receive payment by the **DUE DATE** shown on the bill.

IF YOUR PLANS INVOLVE TOOLS, DON'T FORGET BUILDING PERMITS!



The Municipality wants you to be safe. Building permits are how municipalities ensure buildings are built safely according to the National Building Code. Not only do building permits help ensure your safety, they reduce the risk of expensive future repairs if the work isn't done correctly.

In zoned areas there may be additional requirements.

Building without a permit is serious. It may result in unsafe conditions, expensive repairs, increased fees or even fines.

It's the law! If you know don't whether you need a permit, just remember:

YOU NEED A PERMIT FOR:

- **New construction (Dwellings)**
- **Building a deck;**
- **Structural renovations; including rooftop solar.**
- **Non-structural renovation - Please call to confirm.**
- **Constructing a building over 20m² in area;**
- **Relocating a building;**
- **Demolishing a building, and;**
- **Changing the use of a building in a zoned area.**

“When in doubt, call to find out!”

The Eastern District Planning Commission services the Counties of Antigonish, Inverness, Richmond and Victoria, as well as the Town of Antigonish and Port Hawkesbury.

1-902-625-5361

E D P C
Eastern District Planning Commission

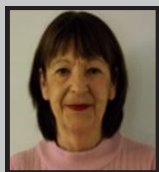
DEVELOPING AND BUILDING IN ANTIGONISH COUNTY

In Nova Scotia, it is a legal requirement to obtain development and/or building permits before site development or building begins. The Municipality is a member of the Eastern District Planning Commission (EDPC) and has a team available to support you through the building and development process. Remember wherever a Land-Use Bylaw is in effect a **Development Permit** is required before a **Building Permit** can be issued. www.edpc.ca

MEET OUR PLANNING STAFF



Sean Donovan - Manager of Inspection Services. Contact Sean before you start construction to discuss your project, permits and inspections required, and timelines. He will also advise you when it is necessary to obtain permits from other provincial bodies, Public Works or the Development Officer. He can be reached at 902-863-2366.



Wanda Ryan - Development Officer. Contact Wanda regarding any development plans—she will be happy to navigate the development process, whether it be questions about land use planning, zoning or development permit requirements. Wanda can be reached at 1-888-625-5361 or on Tuesdays at 902-863-1117.



Andrew Jones - Senior Planner. Andrew will assist you with land use planning and help you to navigate zoning inquiries and rezoning. He can give you planning advice if you are considering developing your land. He is also the contact person for the Eastern Antigonish Municipal Planning Strategy review process. Andrew can be reached at 1-902-625-1259, or on Thursdays at 902-863-1117.

PERMITS & INSPECTIONS

For more information regarding development and building permits or to apply for a permit, contact the Planning Staff above. A copy of your plan including site and construction/building plans will be required.

Once you have a permit and work has begun, inspections are required at various stages, and are the responsibility of the homeowner. Inspections must be arranged with Inspector by the owner, the contractor or the developer.

	Inspections Conducted Using 2015 National Building Code
1.	Footings in place
2.	Subfloor plumbing
3.	Subfloor and foundation insulation
4.	Pre-backfill
5.	i) the framing, roof, plumbing and mechanical systems; (ii) insulation and vapour barrier before wall framing is covered (except in manufactured and modular homes).
6.	For Manufactured and Modular homes: (i) superstructure installation and anchorage systems, (ii) foundation, insulation and vapour barrier before wall framing is covered and plumbing connections below the first floor.
7.	Before Occupancy (so that an Occupancy Permit may be issued.)

FEATURED BY-LAWS

DOG CONTROL & REGULATION BY-LAW

**Antigonish County is a great place to have a dog.
Are you a responsible dog owner?**

Responsible dog ownership in Antigonish County includes:

- Being familiar with, and following, the Municipality's Dog By-law.
- Keeping your dog on your property, and not letting them run loose off your property.
- Cleaning up your dog's waste.
- Not letting your dog be a nuisance by barking continuously.
- Not allowing your dog to chase people or their pets as they walk or cycle past your property.

The Municipality's Dog By-law can be found on the Municipality's website, or copies can be provided at the Municipal Office.

If your dog is off your property, it must be under your care and control with a leash. Dogs act differently away from home and can be distracted by wildlife, other pets, and people. Keeping your dog on a leash allows you to be able to keep your dog from approaching others who may not be comfortable around them and helps you to keep your dog safely away from moving cars and other animals.

The County has a Dog Control Officer who is authorized by the Municipality to enforce the Dog By-law. Enforcement can include warnings, fines, or the seizure of the dog.

**The Dog Control Officer for the
County can be reached at:**

902-863-9501.



Antigonish

NOVA SCOTIA'S FREE SPIRIT

UPCOMING EVENTS

MISCELLANEOUS ON-GOING EVENTS

Antigonish Farmers Market

Saturdays 8:30AM - 1:00PM

www.antigonishfarmersmarket.ca

Antigonish Heritage Museum

www.antigonishheritage.org

Pomquet Development Society

www.pomquet.net

Piper's Pub

www.facebook.com/ThePipersPub

Coldstream Clear Distillery

www.coldstreamclear.com

Steinhardt Distillery

www.steinhardtdistillery.com

Candid Brewing

www.candidbrewing.ca

Half-Cocked Brewing

www.facebook.com/halfcockedbrewing

Spindrift Brewing

www.spindriftbrewing.com/oakmanor

Festival Antigonish

www.festivalantigonish.ca

Theatre Antigonish

www.theatreantigonish.com

Fireloch

www.fireloch.com

Riverside International Speedway

www.riversidespeedway.ca

SPORTING EVENTS

Antigonish Arena

www.antigonisharena.com

StFX Athletics

www.stfx.ca/athletics

Antigonish Jr B Bulldogs

nsjhl.ca/teams/antigonish-bulldogs/

Keppoch Mountain

www.thekeppoch.ca

ART GALLERY EXHIBITS

StFX Art Gallery

www.stfx.ca/artgallery

Down Earth Art Gallery

www.downtoearth.ca

Old Barn Gallery & Gardens

www.oldbarngallery.ca



www.antigonishcounty.ca/local-events

For up-to-date event listings



Antigonish

NOVA SCOTIA'S FREE SPIRIT

UPCOMING EVENTS

MAY

- May 25** Make Your Move Antigonish Community Picnic, Columbus Field
1-4pm, www.makeyourmoveantigonish.ca
- May 31-June 2** NS Hiking Summit, Keppoch Mountain, www.hikenovascotia.ca

JUNE

- June 1** All-Star Monster Truck Tour; riversidespeedway.ca
- June 7** Antigonish Chamber Golf Tournament; antigonishchamber.com
- June 15** Race to the Cape, www.highlandtrailrunning.ca
- June 20** Bonvie MacDonald Rinks to Links Gala Dinner and Auction
- June 21** Bonvie-MacDonald Rink to Links Golf Classic; bonmacr21.ca
- June 28** Antigonish Art Fair Grand Opening, Chisholm Park
- June 28-30** NASCAR Canada Day Weekend, riversidespeedway.ca

JULY

- July 1** **Canada Day Celebrations, Antigonish Town and County**
- July 1** Canada Day Lobster Roll, Arisaig Lobster Interpretive Marine Life Centre.
- July 3—20** Festival Antigonish “Ms. Homes and Ms. Watson—Apt 2B”,
festivalantigonish.ca
- July 7-14** 159TH Antigonish Highland Games; antigonishhighlandgames.ca
- July 10** Kilted Golf Tournament
- July 10** Stroll the Main Street Fair
- July 12** Antigonish Art Fair, Chisholm Park
- July 14** Strawberry Festival, Lochaber Community Centre, www.lochaber.ca
- July 17-20** IWK 250 Super Race Weekend; riversidespeedway.ca
- July 25-Aug 3** Festival Antigonish, “The Paper Bag Princess and Other Stories”,
festivalantigonish.ca
- July 26** Acadian Lunch, Chez Deslauriers, 11am-2pm
- July 27** A Festival Antigonish Kitchen Party, festivalantigonish.ca
- July 27** East Coast Pulling Series, Antigonish Truck and Tractor Pulls, Lower South River

This list was compiled in partnership with the Antigonish Chamber of Commerce.

To have your event included, please email details of the event to:

shirlyn.donovan@antigonishcounty.ca

Antigonish

NOVA SCOTIA'S FREE SPIRIT

UPCOMING EVENTS

AUGUST

- August 2** Acadian Lunch, Chez Deslauriers, 11am-2pm
August 2 Boy T Hip-Hop/R&B Concert, festivalantigonish.ca
August 9 Acadian Lunch, Chez Deslauriers, 11am-2pm
August 9 Antigonish Art Fair, Chisholm Park
August 9-24 Festival Antigonish "The Great Kooshog Lake Hollis McCauley Fishing Derby"; festivalantigonish.ca
August 15-17 NS Summerfest, Columbus Field, novascotiasummerfest.ca



- August 16** Acadian Lunch, Chez Deslauriers, 11am-2pm
August 17 Summer Sizzler Grass Roots Racing Extravaganza, riversidespeedway.ca
August 18 Blueberry Festival, Lochaber Community Centre, 1-4pm
August 23 Antigonish Art Fair, Chisholm Park, 6-9pm
Aug 28-Sept 1 Eastern Nova Scotia Exhibition, www.ense.ca
Aug 31-Sept 1 Rumble by the River, Antigonish Truck and Tractor Pulls, Lower South River

SEPTEMBER

- Sept 6** Chip-In Fore St. Marthas Golf Tournament
Sept 7 Back to School Spectacular, riversidespeedway.ca
Sept 8 Lobster Roll Dinner, Chez Deslauriers, 3-6pm
Sept 13-14 Antigonight, www.antigonishculturealive.ca/antigonight
Sept 21 10KM Trail Race, Keppoch Mountain, www.highlandtrailrunning.ca
Sept 21 Antigonish Chamber of Commerce Casino Night, Antigonish Legion, antigonishchamber.com
Sept 21 Barn Dance, 4-H Barn

This list was compiled in partnership with the Antigonish Chamber of Commerce.

To have your event included, please email details of the event to:

shirlyn.donovan@antigonishcounty.ca

CHEZ DESLAURIERS



The Chez Deslauriers property is located on a coastal rise in Monk's Head with commanding views of St. George's Bay, Pomquet Beach and Cape Breton in the distance. The property includes a heritage home (converted to a tearoom), an interpretive centre, and an outdoor stage. A 6 km coastal and inland walking trail directly to the north of the property.

The Chez Deslauriers property is maintained and administered by the Pomquet Development Society, a volunteer organization aimed at promoting the Acadian culture and encouraging tourism in the community.

Visit Chez Deslauriers for one of their famous Friday lunches and their Lobster Roll Dinner!

Friday lunches - July 26, August 2, 9, 16 from 11 AM to 2 PM serving traditional Acadian cuisine.

Lobster Roll Dinner - Sunday, September 8 from 3 - 6 PM



<https://pomquet.net/>



CELEBRATING
55 YEARS | 2024
ALL YEAR LONG.

*Congratulations
Riverside International Speedway on 55 Years!*

2024 Summer Schedule

June 1	All Star Monster Truck Tour
June 28	James Barker Band
June 29	Canada Day Weekend Super Show
June 30	Canada Day Weekend Super Show
July 18	IWK 250 Tailgate Party
July 19	Henry's NAPA Autopro 100
July 20	Steve Lewis IWK 250
Aug 17	Summer Sizzler Grass Roots Racing Extravaganza
Sept 7	Back to School Spectacular

www.riversidespeedway.ca



Free Pit Party for Advance Ticket Holders

SATURDAY, JUNE 1

RAIN DATE JUNE 2 / JUNE 2 RAIN OR SHINE

tickets available at www.riversidespeedway.ca

RIVERSIDE INTERNATIONAL SPEEDWAY

STEVE LEWIS
Presents the
IWK 250

Save The Date
JULY 17-20 2024
RIVERSIDE
INTERNATIONAL SPEEDWAY

June 28-30

JAMES BARKER BAND
& Special Guests

NASCAR CANADA SERIES
Double Header

PRO STOCK
CLASSICS

HOT ROD CLASSICS

Spend Canada Day Weekend With Us!

ANTIGONISH COUNTY'S

BLUE BAG #1

Paper Products

Newspaper & Magazines

Flyers

Paper Egg Cartons

Paper, envelopes

Boxboard (cereal & tissue)

Soft Cover Books

Paper Towel Rolls

Toilet Paper Rolls

Paper Bags

Phone Books

Corrugated Cardboard
(bundled)



Not sure when your collection day is:
www.erswm.ca/collection-calendar

BLUE BAG #2

All Other Recyclables

Plastic Pop Bottles & Cans *

Aluminum Cans

Tin Cans

Glass Bottles and Jars

Plastic Containers (#1-7)

Plastic Grocery Bags

Bread Bags

Shampoo Bottles

Juice Boxes *

Liquor Containers *

Aluminum Foil & Pie Plates

Styrofoam

Yogurt & Pudding Containers

Milk Cartons & Jugs

*Return to any Enviro-Depot™ for Refund

All plastic containers and packaging must be empty, clean and contain no food residue.

BLUE BAG SAFETY TIPS

Always consider your safety and the safety of those collecting and sorting your recycling when preparing any item for the blue bag.

Step 1 (Safety Rinse) Carefully rinse the can - some people use a bottle brush and it is easiest if you do it soon after opening the can!

Step 2 (Lid Safety) If the lid is attached to the can, carefully push it down into the can so that the sharp edge is not exposed. If the lid has been completely removed from the can, it is best to drop it into the can and then, if possible, squeeze the top of the can to close the opening as much as possible. Then place it into your blue bag. If you use a can opener that removes sharp edges, you will not be able to place the lid into the can. Place these lids into the blue bag separate from the can.

QUICK SORT GUIDE

GREEN BIN

Organics

Food Products



Table scraps

Meat, Fish & Bones



Vegetable & Fruit Peelings



Shellfish (including shells)

Solid Dairy Products (cheese)



Cooking Oil, Grease, Fat

Bread, Rice & Pasta

Non –Recycled Paper

Soiled Food Napkins

Paper Towel

Pizza Boxes (corrugated)

Fast Food Wrappers

Wax Paper

Paper Plates

Sugar, Flour & Potato Bags



REGULAR GARBAGE

Clear Transparent Bags

Bathroom Waste

Plastic Wrap

Potato Chip Bags

Candy Bar Wrappers

Hot & Cold Disposable Drink
Cups

Light Bulbs

Dishes (Ceramic & Glass, wrap safely
if broken)

Carbon Paper

Floor Sweepings

Gift Wrap, Colored Tissue Paper

Kitty Litter

Old Shoes & Clothing (consider
donation)

Toothpaste Tubes

Crayons, Markers, Pens &
Pencils

Hard Covered Books
(can be recycled if cover is removed)

Please **DO NOT** place plastics, metals, glass,
tin, aluminum, Styrofoam or diapers in your
green bin.

DO NOT use plastic bags to dispose of
organic waste in your green bin.

Provincial Programs for further drop off
options can be found on pages 28-33.
Empty Motor Oil, Glycol (antifreeze),
paint aerosols & cans can be taken to the
Beech Hill Waste Management Facility

Please **DO NOT** place Needles, Syringes, Lancets, Auto-Injectors & Infusion sets
CURBSIDE for collection.

SOLID WASTE MANAGEMENT

WHAT GOES TO THE SOLID WASTE MANAGEMENT SITE? (ITEMS NOT FOR CURBSIDE PICKUP)

These items are subject to a tipping fee and residents are responsible for bringing these items to the Solid Waste Management Site

Tipping Fees - Effective October 15, 2007

• Clean Concrete	\$45.00 per tonne
• Compostable Organic Material	\$55.00 per tonne
• Construction & Demolition Debris	\$75.00 per tonne
• Contaminated Soil	\$45.00 per tonne
• Leaf & Yard Waste	\$55.00 per tonne
• Mixed Loads	\$110.00 per tonne
• Recyclables	\$45.00 per tonne
• Refuse/Garbage	\$100.00 per tonne
• Scrap Metal & White Goods (Appliances)	\$45.00 per tonne
• Cardboard	\$100.00 per tonne
• Tires	\$45.00 per tonne

SOLID WASTE MANAGEMENT FACILITY

1356 Beech Hill Road

Monday-Friday 8:00am—4:30pm

Saturdays 8:00am—12:00pm

CLOSED on ALL Holidays

Phone: 902-863-4744

The Landfill **DOES NOT** accept Cash payments. Payment must be by Debit, Visa, Mastercard or American Express.

Garbage and Recycling Collection will NOT take place on the following Holidays:

- Good Friday
- Remembrance Day
- Christmas Day
- Boxing Day



PREVENT LITTER & KEEP OUR ROADS SAFE



When transporting waste for disposal, material must be covered and secured to prevent litter. Material blowing off the back of an open vehicle is considered littering and creates unsafe road conditions.

The Motor Vehicle Act requires open loads to be secure
The fine for an untarped load is \$240.37

What is considered a secure load?

A secure load does not slide or shift in a vehicle or trailer and materials cannot fall or blow out. If any part of the load can (or has the potential to) escape the vehicle, the load is not secure.



Tips For Securing Material

- Put light materials on the bottom, heavier materials on top.
- Secure heavier materials directly to the vehicle using ropes, chains or straps.
- Don't overload the vehicle or trailer.
- Cover load with a tarp.
- Secure tarps using netting, ropes, straps, or bungee cords.
- Do not leave loose debris in the open bed of a truck.



Household Hazardous Waste Disposal

Permanent Drop-Off Location for Residents of the Town & County

A partnership between the Town of County of Antigonish for Residential Household Hazardous Waste.

Where: Beech Hill Waste Management Facility - 1356 Beech Hill Rd

When: 8:00am to 4:30pm Monday to Friday

8:00am to 12:00pm Saturday

CLOSED ALL HOLIDAYS

What is Household Hazardous Waste? Household hazardous waste is leftover or unwanted household products that contain corrosive, toxic, ignitable or reactive ingredients. Proper disposal protects both us and the environment. Please bring in the original container packed in an upright position. Some **examples** include:

Acids:

Battery Acid
Boric Acid
Hydrochloric Acid
Muriatic Acid
Phosphoric Acid

Aerosols (all)

Automotive Fluids:

Brake Fluid
Diesel Fuel
Gasoline
Glycol (Antifreeze)
Motor Oil

Batteries

Deodorizers

Fire Extinguishers

Fertilizer

Fuels (other):

Camp Fuel/Igniters
Kerosene
Lighter Fluid

Glues & Adhesives:

Asphalt Sealer
Caulking Compound
Contact Cement
Fibreglass Epoxy
Roofing Tar

Mercury Containing Items

CFLs (curly bulbs)
Fluorescent Bulbs/Lamps/
Tubes

Paint Products:

Acetone (nail polish remover)
Artist Paints & Mediums
Chemical Paint Strippers
Nail Polish
Paint & Stains
Paint Thinner
Paint Brush Cleaner
Shellac & Enamels
Turpentine
Paint Solvents & Strippers
Varnish

Polish, Waxes & Cleaners:

Aluminum Cleaners
Ammonia Based Cleaners
Car Wax & Solvent
Chlorine Bleach
Degreasers
Drain Cleaners
Floor Care Products
Furniture Polish
Gun Cleaner with Solvent
Lye
Metal Polish with Solvent
Spot Remover
Toilet Cleaner

Propane Tanks & Cylinders

Swimming Pool Chemicals Chemicals Designed to Kill or

Deter:

Fungus
Insects
Rodents
Weeds

QUESTIONS?

Beech Hill Waste Management Facility 902-863-4744

Town of Antigonish Hotline 902-863-4949

Eastern Region Solid Waste Management 902-870-2817

Nova Scotia Provincial Waste Management Program Guide

DID you know?



The Beech Hill Solid Waste Management Facility is an approved drop off location for residential used oil. Used oil will no longer be accepted during regular collection. The items below can be dropped off to our facility at no charge from residents.

Large oil generators (business/industrial users) can register with UOMA. Once registered, any product in the stewardship program will be collected free of charge if the product is not contaminated and is sorted.

More info at www.uoma-atlantic.com



Oil



Oil
Containers



Glycol



Glycol
(antifreeze)
Containers



Filters



Aersol
Containers

Nova Scotia Provincial Waste Management Program Guide



Drop off locations and information can be found in the table on page 33.

USED TIRES

More than one million on-road tires are diverted each year from Nova Scotia landfills through the Used Tire Management Program. There is an upfront fee on program car and truck tires, camper tires, motorcycle tires, and trailer tires, so they can be returned at no additional cost.

NOTE: Tires must be off rims and free from debris.

Other Non-Program Tire

Locations: rim sizes exceeding 24.5" and off road tires can be delivered to the Solid Waste Resource Management Facility.

Tipping fees apply



Nova Scotia Provincial Waste Management Program Guide

HOUSEHOLD BATTERIES

All household single use and rechargeable batteries, such as those used in power tools, phones, digital cameras, gaming devices, toys, flashlights, smoke detectors, etc.

NOTE: Batteries must be removed from devices. This program does not include the accessories, car batteries, wet cell Ni-Cd or visibly leaking batteries.



ELECTRONIC PRODUCTS RECYCLING

Includes all audio/visual devices, such as phones, TVs and other display devices, personal computers, laptops, table top printers and fax machines, radios, non-cellular phones, etc.

NOTE: Includes cords and electronic accessories



SAFE SHARPS BRING BACK PROGRAM

For the safe disposal of needles, syringes, lancets, auto injectors and infusion sets. Operated by PANS and funded by Nova Scotia pharmacies, sharps manufacturers and distributors.

NOTE: Never put sharps in recycling bags, garbage bags, or green carts



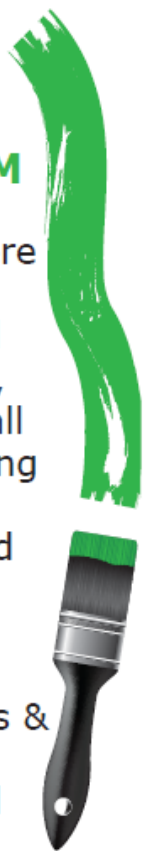
Nova Scotia Provincial Waste Management Program Guide

PAINT RECYCLING PROGRAM

Includes leftover household paint and the container, plus paint aerosol containers. There is no fee to drop-off for recycling at an approved location. This includes interior and exterior paints, deck coating and floor paint, concrete and masonry paint, primers, drywall paint, stucco paint, wood finish, stain blocking paint, marine paint, anti-rust, metal stains and shellac, block fillers, wood, masonry and driveway sealers, or water repellents

(non-tar or bitumen based) and empty cans
NOTE: Cans must have a label and lid. The program does NOT include dry brushes, rags & rollers, paint in glass containers, improperly sealed cans, badly rusted, leaking or dented cans, bulging containers, industrial paints & finishes (eg. baked on or heat resistant), paints or wood preservative registered as a pesticide, non-aerosol craft and automotive paint, two-part or component paints with a catalyst or activator, roof patch or repair, tar, traffic or line marking paint, quick dry paint, resins, paint thinners, mineral spirits or solvents, deck cleaners, colourants and tints, caulking compound, epoxies, glues or adhesives, and other household chemicals.

Call for info on proper disposal.
ERSWM 902-870-2817



DROP OFF LOCATIONS

PROGRAM	OPERATED BY	DROP OFF LOCATION	WEBSITE
Household Batteries	Call2Recycle Canada	Staples Antigonish (36 Market St.) The Municipal Office (285 Beech Hill Rd)	call2recycle.ca/ province
Used Tires	Divert NS	Tire Retailers & Solid Waste Resource Management Facility (1365 Beech Hill Rd.)	divertns.ca
Electronic Products	The Electronic Product Recycling Association (EPRA)	MacMillans Service Centre (4802 Hwy 104) Solid Waste Resource Management Facility (1356 Beech Hill Rd) Staples Antigonish (36 Market St.) Limit of 5 items, restricted to residential E Waste (TV's must be under 32"). Items must be carried into the store.	RecycleMy Electronics.ca/NS/ DeCoste Recovery Depot (9550 Hwy 4)
Safe Sharps	The Pharmacy Association of Nova Scotia (PANS)	Persons using sharps for medical reasons can get a FREE container from their local pharmacy to fill and drop off at no charge. Farmers that are members of the Federation of Agriculture can get a container from the Federation with directions for disposal.	Ask your local Pharmacy Farmers can contact Solid Waste Resource Management Facility (902-863-4744) NSFA (902-893-2293)
Paint Recycling	Regeneration	MacMillans Service Centre (4802 Hwy 104) DeCoste Recovery Depot (9550 Hwy 4) Solid Waste Resource Management Facility (1356 Beech Hill Rd)	regeneration.ca

BE SAFE WITH SHARPS DISPOSE OF ALL NEEDLES SAFELY



NEVER place sharps in your garbage or recycling bags.

Pick up a FREE Safe Sharps container at your local pharmacy
Once full, return to the pharmacy for safe disposal.

Sharps containers are intended for the disposal of needles,
syringes, lancets, auto injectors and infusion sets.

Thank you for keeping our workers safe!

BULKY WASTE COLLECTION

The Municipality of the County of Antigonish will be undertaking a **CURBSIDE** collection of items as part of its' solid waste resource management program.

Clean up items are only permitted to be placed at the curbside the night before your **normal day for garbage and organic collection only**. Items must be placed within 6 feet of the road by 7 am on the day of your collection. Items placed at road side that are not part of the curbside pickup, will not be accepted and must be promptly removed from the curb after the trucks have collected from your road. Each household, including apartment buildings of three units or less, are eligible for curbside collection. The maximum weight of individual items cannot exceed 50 lbs or one cubic meter in size, with the exception of furniture and appliances. Only one large item per household: for example, one fridge or one sofa. Maximum total waste accepted per household is not to exceed 330 pounds. Smaller items must be placed in clear bags or bundled for collection. More than one truck will pass by your house collecting various materials, so please be patient as the collection takes place.

Items **NOT** collected under the spring clean-up program:

1. construction and demolition material;
2. car bodies, large car parts;
3. tires
4. trees, large branches or leaf and yard waste;
5. waste paint, waste oil or other fluids;
6. loose broken glass;
7. used batteries;
8. asbestos;
9. hazardous, reactive, septic or pathological waste;
10. refrigerators with attached doors (refrigerators must have doors removed);
11. waste placed in non-transparent bags (such as black, green or orange bags);
12. electronics waste such as desktop and laptop computers, keyboards, computer monitors, televisions, scanners, and printers (these materials should be taken to ACES at the Solid Waste Resource Management Facility located on Beech Hill Road);
13. waste generated outside the Municipality;
14. waste placed in violation of the Municipality of the County of Antigonish By-Law Regarding the Collection and Disposal of Solid Waste; any other materials deemed unacceptable by the Municipality.

NOTE: All items with the exception of # 8 and #9 listed above can be disposed of at the Beech Hill Solid Waste Resource Management Facility, 1356 Beech Hill Road

BULKY WASTE SCHEDULE

WEEK 1: May 27—May 31

Monday, May 27 ZONE 2	Tuesday, May 28 ZONE 4	Wednesday, May 29 ZONE 5
Highway 104-West Highway 4-Post Road to Pictou County Line, West River, Tolson Subdivision, Addington Forks, St. Josephs, Beaver Meadow, Beaver Mountain, Keppoch, Ohio, Cross Roads Ohio, Gaspereaux Lake, Crockett Country, Appleseed Drive Beech Hill Road	Bayfield, West Arm Tracadie, East Tracadie, Linwood Harbour Road, Linwood, Linwood Station, West Havre Boucher, Monastery (Highway 16), Mattie Settlement, Grosvenor, Highway 4-Linwood , Pine Ridge Estates, Frankville	Killam Properties; Glen Aire Estates, Greenhill Estates, Silver Birch Estates, Hwy 104 from Silver Birch Estates to Glen Aire Estates, North Grant Trailer Park, Williams Point, South River Road, Greenwold

Thursday, May 30 ZONE 8	Friday, May 31 ZONE 10
Highway 245-Greendale Road to Knoyardt, Doctors Brook Old Maryvale Road, Cloverville, Fairmont, Big Marsh, Clydesdale, Pleasant Valley, Sylvan Valley, Thorne Ridge, Arbor Drive Ext, Trotters Lane	Oasis Trailer Court, Southside Harbour, Pomquet, Heatherton, Black Avon, Glassburn.

For General
Inquiries Call:
902-863-1117



The areas listed are for general reference. The name of your road or street may not appear, however, your bulky waste pick up will occur on your regular day for garbage & organic collection only during the week indicated in the schedule.

REMINDER: The Bulky Waste Collection Schedule can be found on the ERSWM Collection Calendar at www.erswm.ca

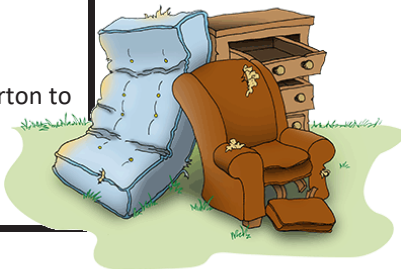
BULKY WASTE SCHEDULE

WEEK 2: June 3— June 7

Monday, June 3 ZONE 2	Tuesday, June 4 ZONE 3	Wednesday, June 5 ZONE 6
Highway 7-South; Keating Court, Ponderosa Drive, Tamara Drive, West Lochaber, Copper Lake, Glen Road, Pinevale, Pitchers Farm, Purl Brook, Lower West River, Church Street Ext.	Aulds Cove, Havre Boucher, Cape Jack, Merland, Upper Afton, Highway 104 – Aulds Cove, Highway 4 - to Aulds Cove, Mount Cameron	Highway 316-South, Dunmore, St. Andrews, Frasers Mills, Lower Springfield, Marydale, Beauty, Pomquet Forks, Meadow Green, Dagger Woods, Glenroy

Thursday, June 6 ZONE 7	Friday, June 7 ZONE 9
Highway 337, Highway 245-Sylvan Valley to Greendale Road, Brierly Brook Road	Summerside, New France, Frasers Grant, Afton, Tracadie, Monastery, Highway 4- Heatherton to Linwood, Bayfield Road

**For General
Inquiries Call:
902-863-1117**



The areas listed are for general reference. The name of your road or street may not appear, however, your bulky waste pick up will occur on your regular day for garbage & organic collection only during the week indicated in the schedule.

REMINDER: The Bulky Waste Collection Schedule can be found on the ERSWM Collection Calendar at www.erswm.ca

SAFE BRUSH BURNING

CHECKLIST

Careless brush burning has been the cause of many wildfires. There are other alternatives to burning such as chipping and mulching. If you must burn brush do it safely.

- ✓ Remove all vegetation within 3 m of your firepit.
- ✓ Make sure there is little or no wind that can blow sparks or ash towards structures or vegetation.
- ✓ Firepit is located well away from structures & vegetation.
- ✓ Use a barrel to burn small brush.
 - Make sure it is good condition and at least 3 m away from vegetation.
 - Use steel rods or pipes to hold the burning material up from the bottom of the barrel.
 - Ensure a metal mesh screen (with openings no larger than 5mm) has been placed over the barrel opening.
- ✓ Soak ashes well and let sit in a metal container for at least 24 hours before disposing them in a pit.
- ✓ Keep fire fighting tools on hand; (a charged garden hose, shovel, rake, buckets)

During wildfire risk season (March 15-October 15), no domestic brush burning or campfires are allowed between 8:00am and 2:00 pm, except industrial permits. Burn restrictions are updated daily at 2:00pm at www.novascotia.ca/burnsafe.

WWW.NOVASCOTIA.CA/BURNSAFE

COST-EFFECTIVE

HOME FLOOD PROTECTION

Complete these easy do it yourself steps to reduce your risk of flooding and lower the cost of cleanup if flooding occurs. Check out the links for additional information.

Maintain What You've Got at Least Twice per Year

**Do-It-Yourself
For \$0**



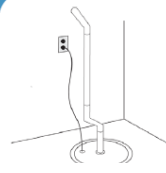
Remove debris from nearest storm drain or ditch & culvert.



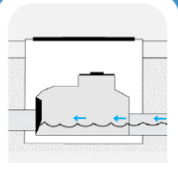
Clean out eaves troughs



Check for leaks in plumbing, fixtures and appliances



Test your sump pump.



Clean out your backwater valve.

Note: Not all actions will be applicable to each home. Completing these steps does not guarantee the prevention of flooding.



For additional resources visit:

HomeFloodProtect.ca &
[HomeFloodProtect.ca/
checkup](https://HomeFloodProtect.ca/checkup)



UNIVERSITY OF
WATERLOO

INTACT CENTRE
ON CLIMATE ADAPTATION

WATER CONSERVATION

A clean and accessible water system is fundamental to a strong community. We are lucky that in Antigonish County, clean water that can be used for drinking, showering, cooking, and many other things, is just a turn of the tap away. Check out this video on municipal water protection and conservation in Antigonish: <https://vimeo.com/185838269>.

Since we are used to easily getting clean water, we often forget that there is a limit to the amount of water in our area and that water conservation is vital. With our climate changing, there is an impact on weather and on rainfall, leading to dryer conditions and water levels dropping. How we live and use the land in water supply areas affects the quality of our drinking water. Many land uses and everyday activities can cause pollution to water supplies. Residents can help reduce their impacts and protect drinking water supplies (quantity and quality) by practicing the following:

- Using fertilizers with low or no phosphorus, both on small pieces of land and large farms,
- Minimize the storm water escaping your property. Use rain barrels, and develop retention areas like gardens around your property,
- Inside use low flow toilets, tap aerators, water flow reducers and low flow shower heads,
- Support riparian buffer zones by allowing existing native plant species to establish themselves by water edges,
- Dispose of yard waste and clippings appropriately, and do not cut your lawn too short, or water unnecessarily.
- If you are on a private septic system, make sure you are inspecting it regularly and having it cleaned out every 3-5 years,
- If you see illegal dumping of waste or suspicious activity, especially in water supply areas please report it by calling Eastern Region Solid Waste Management team Office: 902-232-2563 or Toll-Free: 1-888-377-9622.

For additional Water Conservation information checkout the following resources.

<https://novascotia.ca/nse/water/docs/WaterConservation.pdf>

<https://wateruseitwisely.com/100-ways-to-conserve/>



Creating Accessible Spaces: Antigonish Rivers Association

In 2022, the Antigonish Rivers Association completed work on a Barrier-Free Recreation Site at Cameron Lake in Pinevale.

The site features a small parking area, barrier-free floating dock and ramp to access it, an accessible picnic shelter and a boat launch. The Antigonish Rivers Association wanted to create an inclusive outdoor space for our community to enable families and individuals to access outdoor spaces easier. The dock and ramp are removed in early November and set back up in mid-April to protect the dock and ramp from any possible ice damage. Be sure to check out the space this summer! Thank you to the Antigonish Rivers Association for building this beautiful site. Visit <https://antigonishriversassociation.ca/>.



Tick Safety

Make sure you, your family and pets are protected against tick bites.

There are several kinds of ticks that can be found across Nova Scotia, but only the blacklegged tick carries the bacteria that causes Lyme Disease.

Ticks are commonly found in tall grass, bushes, wooded areas, urban parks and gardens. There are simple precautions you can take while spending time outdoors.



Left to right: Female black legged tick, groundhog tick, dog tick



Top to bottom: engorged female dog tick, engorged female black legged tick

- Wear light-coloured long-sleeved shirts and pants, and light-coloured socks with enclosed shoes (this makes ticks more visible)
- Tuck in your shirt and pull your socks up over pant legs
- Spray clothing and exposed skin with an insect repellent containing DEET or Icaridin (make sure you follow directions on the label)
- Check your clothing and body carefully for ticks after working or playing outside. Pay special attention to armpits, the back of the knees, and the groin or pelvic region
- Keep grass cut and remove leaves from your yard
- Put outdoor clothes in a dryer on high heat for 10 minutes to kill any remaining ticks
- Always check yourself, your children, and pets for ticks after spending time outside

NOVA SCOTIA

Be Tick Aware

To learn more about ticks and tick safety, visit:
<https://novascotia.ca/ticksafety/>

For information on how to remove a tick safely, tick disposal and signs and symptoms of Lyme disease, please visit:

<https://novascotia.ca/ticksafety>

For tick identification, please visit: eTick.ca



Saint Martha's

REGIONAL HOSPITAL

foundation

At the St. Martha's Regional Hospital Foundation, we are thankful to be able to continue to provide funding to our community hospital.

Thanks to the generosity of donors like you, we are able to fund ground-breaking education, cutting-edge research and innovative medical equipment to support better patient care. This ensures St Martha's can maintain, but also offer new services that keep patients from travelling to Halifax, Truro or Sydney.

We ask that you consider making a pledge or donation to the Foundation. Together we can support our community and ensure our hospital is prepared for whatever the future holds!

Sign up for our monthly news letter!

<https://www.smrhfoundation.com/monthly-newsletter>

Visit our website:

www.smrhfoundation.com

Find us on Facebook:



www.facebook.com/StMarthasFoundation

We're on Instagram

@smrhospitalfoundation



Get your monthly
50/50 tickets!

www.rafflebox.ca/raffle/nshf/16

SAVE THE DATE



McHappy Day
Antigonish & Port Hawksbury
May 8th



Chip in Fore St. Martha's
Golf Tournament
Sept 6th



989 XFM
Hospital Help Day
Oct 30th



Pictou-Antigonish
Regional Library
Antigonish

Did You Know?

- A library card is **free**.
- In addition to books, you can borrow movies, audiobooks, ebooks, magazines, puzzles, & more.
- We have a **free** Borrow by Mail program for rural residents.
- You can access a computer, wireless internet, printing and laminating services.
- We have a 3D printer, a MakerSpace, & equipment to convert VHS to DVD.
- We have programs and information sessions for all ages.

The People's Place: Antigonish Town and County Library

.....
Hours

Sunday: 1pm-4pm
Monday: 9am-5pm
Tuesday: 9am-9pm
Wednesday: 9am-9pm
Thursday: 9am-9pm
Friday: 9am-5pm
Saturday: 9am-5pm


Get in touch with us

Phone: (902) 863-4276
Email: antigonish@parl.ns.ca
www.parl.ns.ca
.....

Follow us on social media

 PARLevents

 PARL
PeoplesPlace

 [parl_events](https://www.instagram.com/parl_events)

ANTIGONISH COMMUNITY TRANSIT



It's your transportation service!
Where would you like to go?

Antigonish Community Transit is a non-profit, community-based organization, focused on responding to Antigonish Town and County residents' request for access to services, programs and community activities by facilitating more accessible, barrier-free, inclusive, efficient, reliable, safe, green and sustainable transportation options for all community members.

Antigonish Community Transit Town Bus Schedule - Monday to Friday								
Bus Stop	Timing is approximate and dependent on traffic							
Antigonish Mall	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00
Highland Housing Co-op	9:03	10:03	11:03	12:03	1:03	2:03	3:03	4:03
Bloomfield Centre	9:05	10:05	11:05	12:05	1:05	2:05	3:05	4:05
Keating Centre	9:08	10:08	11:08	12:08	1:08	2:08	3:08	4:08
Atlantic Superstore	9:13	10:13	11:13	12:13	1:13	2:13	3:13	4:13
Walmart	9:14	10:14	11:14	12:14	1:14	2:14	3:14	4:14
Whiddens Trailer Park	9:20	10:20	11:20	12:20	1:20	2:20	3:20	4:20
Shamrock Acres	9:23	10:23	11:23	12:23	1:23	2:23	3:23	4:23
Sylvan Valley Apartments	9:25	10:25	11:25	12:25	1:25	2:25	3:25	4:25
Hawthorne Variety	9:27	10:27	11:27	12:27	1:27	2:27	3:27	4:27
JJ Carroll House	9:30	10:30	11:30	12:30	1:30	2:30	3:30	4:30
Antigonish Manor	9:32	10:32	11:32	12:32	1:32	2:32	3:32	4:32
People's Place Library	9:34	10:34	11:34	12:34	1:34	2:34	3:34	4:34
Canadian Tire Gas Bar	9:36	10:36	11:36	12:36	1:36	2:36	3:36	4:36
The Maples	9:43	10:43	11:43	12:43	1:43	2:43	3:43	4:43
Parkland (Shannex)	9:46	10:46	11:46	12:46	1:46	2:46	3:46	4:46
St. Martha's Hospital	9:50	10:50	11:50	12:50	1:50	2:50	3:50	4:50
The Sunflower	9:53	10:53	11:53	12:53	1:53	2:53	3:53	4:53
Sobeys	9:57	10:57	11:57	12:57	1:57	2:57	3:57	4:57

Book-a-Ride: Trips within Antigonish town limits – \$3, Trips up to 5 km – \$5
Trips from 5km to 15km – \$8, Trips over 15km – \$8 for the first 15km then .75¢ per km

Some set rates for local areas are as follows. All are one-way fares.

Heatherton/Bayfield – \$10

Monastery – \$12

Pomquet/South Side Harbour – \$8

Linwood/Havre Boucher – \$15

For more information and full rate details, please visit the
Antigonish Community Transit [Website](#) or [Facebook Page](#)

Email: antigonishcommunitytransit@gmail.com

Phone: 902-867-0411

MUNICIPAL TEAM

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH

MUNICIPAL ADMINISTRATION CENTRE

**285 Beech Hill road
Beech Hill, NS B2G 0B4
902-863-1117**

Glenn Horne	Chief Administrative Officer
Beth Schumacher	Deputy Clerk
Alisha Bowie	Administrative Assistant
Allison Duggan	Director of Finance
Tammy Feltmate	Director of Sustainable Communities
Shirlyn Donovan	Strategic Initiatives Coordinator
Jackie Cleary	Financial Analyst
Sarah Jane MacDonald	Assistant to the Director of Finance
Darlene Thompson	Tax Revenue Clerk I
Tracey MacEachern	Tax Revenue II
Brenda MacDonald	Receptionist
Blaise MacDonald	Regional Emergency Management Coordinator



**RECREATION
902-863-1141**

recreation@antigonishcounty.ca

Marlene Melanson	Recreation Director
Denise Fougere	Administrative Assistant
Meaghan MacNeil	Physical Activity Coordinator
Amy Leigh George	Recreation Programmer
Meghan MacInnis	MYMA Community Coordinator

**Visit our online registration portal which allows you to browse
and register for all Antigonish County Recreation programs
anywhere, anytime and on any device:**

<https://recreation.antigonishcounty.ca>

MUNICIPAL TEAM

PUBLIC WORKS

902-863-5004

publicworks@antigonishcounty.ca

Daryl Myers	Director of Public Works
Debbie Cormier	Public Works Administrator
Keri Smith	Public Works Administrator
Terri Baglole	Administrative Assistant
Kevin Day	Supervisor, Water & Wastewater Operations
Harold MacGillivray	Utility Operator
Matt McKeen	Utility Operator
Tyler MacPherson	Utility Operator
Tony Geisbrecht	Utility Worker/Mechanic
John Chisholm	Operator/Utility Worker
Craig Chisholm	Operator/Utility Worker
Duane MacEachern	Operator/Utility Worker
Stewart Jessens	Heavy Equipment Operator
Shane Benoit	Heavy Equipment Operator
Jim MacLean	Heavy Equipment Operator
Dwayne MacDonald	Labourer
Mary Theresa McCulloch	Scale House Operator
Luke MacKinnon	Collection Vehicle Operator
Curtis Chisholm	Collection Vehicle Operator
Kevin MacLean	Collection Vehicle Operator
Alexander MacPherson	Collection Vehicle Operator

Wondering what day your garbage, organics and recyclables will be collected? Enter your civic address here to find out:

www.erswm.ca/collection-calendar

Download the Waste Wizard App



**Eastern Region
Solid Waste
Management**



Questions, Comments?

Contact Us

Municipal Administration Centre 902-863-1117

Recreation Department 902-863-1141

Public Works Department 902-863-5004

Dog Control 902-863-9501

Mailing Address: 285 Beech Hill Road,
Beech Hill, NS B2G 0B4

Find us on social media:

 Municipality of the County of Antigonish

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www.antigonishcounty.ca

