

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH

COMMITTEE OF THE WHOLE AGENDA

Tuesday, May 1st, 2018 6:30pm
Municipal Administration Centre

- 1) Call to Order – Chairman, Warden Owen McCarron
- 2) Approval of Agenda – Additions or Deletions
- 3) Approval of April 17th, 2018 Minutes
- 4) In-Camera Items
 - a. Contract Negotiations (Eastern DPC)
 - b. Contract Negotiations (StFX University)
 - c. Acquisition, Sale, Lease, and Security of Municipal Property
- 5) Continuing Business / Business Arising from the Minutes
 - a. None
- 6) New Business
 - a. Consideration of Riverside Speedway 2018 Corporate Partnership
 - b. Renewal of MPAL Agreement
 - c. Accessible Beaches
 - d. Funding Request – Les Jeux De L'Acadie
 - e. Update on 2018/2019 Community Partnership Grant Requests
 - f. Update on Rural League
 - g. Consideration of an Amendment to the Tax Exemption for Non-Profit Organizations Policy
- 7) Reports from Inter-Municipal Boards, Committees and Commissions
 - a. Antigonish Heritage Museum Board
 - b. Antigonish Arena Commission
 - c. Antigonish Crime Prevention
 - d. Eastern District Planning Commission
 - e. Eastern Regional Solid Waste Management Committee
 - f. Eastern-Strait Regional Enterprise Network
 - g. Pictou Antigonish Regional Library
 - h. RK MacDonald Nursing Home
- 8) Community Events
- 9) Staff Reports
- 10) Additions to the Agenda
- 11) Next Meeting: May 8th, 2018 @ 5:30pm (Budget Deliberation #1 - Consideration of Community Partnership Grants)
- 12) Adjournment

STRATEGIC PRIORITIES CHART December, 2017 (amended Mar. 2018)

COUNCIL PRIORITIES	
NOW <ol style="list-style-type: none"> BROADBAND PROPOSAL: Agreement – Jan. INTERNET SERVICE: Business Case – March CELLULAR SERVICE: Business Case – May NEW BUSINESS PARK: Options – June REN STRATEGY: Review – Mar. 	
NEXT <ul style="list-style-type: none"> ACCESSIBILITY: Audit INFRASTRUCTURE FUNDING: PLAN WATER: Assessment & Projects SEWER: Assessment & Projects GUYSBOROUGH: Collaboration Meeting TOURISM PROGRAM: Review 	ADVOCACY/PARTNERSHIPS <ul style="list-style-type: none"> <i>Broadband Funding (Province)</i> <i>Long-Term Care Facility Funding (Province)</i> <i>Aging In Place Program (Province)</i> <i>NS Broadband Study (Province)</i> <i>PFN: CEDI Initiatives</i>
CLERK TREASURER	FINANCE
<ol style="list-style-type: none"> REN STRATEGY: Review – Mar. INDUSTRIAL PARK –LAND AD, SALE & NEW BUSINESS PARK: Options - June Asset Management System: Phase 1 – June <ul style="list-style-type: none"> Emergency Management Coordination Leadership Team Development Program 	<ol style="list-style-type: none"> INFRASTRUCTURE FUNDING: Plan – Jun Water Meter System: Integration Landfill Billing System: Review – Mar. <ul style="list-style-type: none"> Water Utility Rates: Review – Oct. Information Technology Strategy: Sept
PUBLIC WORKS	RECREATION
<ol style="list-style-type: none"> SEWER TREATMENT: Assessments & Problem ID – Sept. WATER SYSTEM: Assessment – Mar. WATER SYSTEM: Upgrades <ul style="list-style-type: none"> Facilitate Asset Condition Assessments 	<ol style="list-style-type: none"> Active Transportation: Action Plan – April. MPAL: Recreation Plan – June. Part Time Staff Leadership Program – April Support Community Initiatives – Jan 2019 <ul style="list-style-type: none"> Recreation for All Program – Jan 2019
SUSTAINABILITY	PLANNING
<ol style="list-style-type: none"> ACCESSIBILITY: Audit – Mar. Emergency Business Continuity Plan – May. Renewable Energy: Options – June (Prov.) <ul style="list-style-type: none"> PFN: CEDI Initiative Next Steps – April Municipal Awareness Strategy – September 	<ol style="list-style-type: none"> EASTERN ANTIGONISH PLAN REVIEW – Sept. <i>Civic Address Internal Audit</i> – April Amendments – PAC Jan/Feb. <ul style="list-style-type: none"> Antigonish Affordable Housing (Phase 3) MacDonald Dairy Warehouse Levy's Leather Warehouse
ADMINISTRATION	ADMINISTRATION
<ol style="list-style-type: none"> BROADBAND PROPOSAL: Agreement – Jan. INTERNET SERVICE: Business Case – March CELLULAR SERVICE: Business Case – May <ul style="list-style-type: none"> Newsletter Review Online Media Refresh 	<ol style="list-style-type: none"> GUYSBOROUGH: Collaboration – Mar. TOURISM Review/Scan – Mar. Internet Upgrades – Mar. <ul style="list-style-type: none"> Court House: Assessment - Mar Dog Control Program: Review - June

TO: COMMITTEE MEMBERS
FROM: STAFF
SUBJECT: ***COMMITTEE OF THE WHOLE MEMO***
DATE: APRIL 3RD, 2018

DELEGATIONS

- a. There are no delegations for this meeting

IN-CAMERA ITEMS (Please see the separate In-Camera memo)

- a. Contract Negotiations (StFX University)
b. Contract Negotiations (Eastern District Planning Commission)
c. Acquisition, Sale, Lease, and Security of Municipal Property

NEW BUSINESS

a. Consideration of Riverside Speedway 2018 Corporate Partnership

A request has been received by the Municipality to participate as a Corporate Sponsor of the Riverside Speedway. This sponsorship is considered to be advertising for the Municipality in a venue that brings in visitors to the community, but is also enjoyed by our residents. In the past, the Municipality has purchased the Gold Package at a cost of \$2875 (incl HST); the Committee is being asked to consider renewing this sponsorship for the 2018 racing season.

b. Renewal of the MPAL Agreement

The MPAL Agreement between the Municipality and the Department of Communities, Culture and Heritage is due to renewal. A copy of the agreement is attached.

c. Accessible Beaches

A memo for information is attached for the Committee's review.

d. Funding Request – Les Jeux De L'Acadie

The Municipality has received a request for funding from the organizing committee of les Jeux de l'Acadie at Ecole acadienne du Pomquet. A memo is attached for the Committee's consideration.

e. Update on Community Partnership Grants

In 2017/18 Council provided direction to staff to set 3.2% of tax revenue as the budgeted expenditure for Community Partnership Grants. In 2018/19, 3.2% equates to \$333,696. We received 47 requests at a total value of \$565,650. In addition to this, we have three standing funding commitments at a value of \$70,000 and Special District Grants also come from this pot at a value of \$112,000; added to the 47 requests this equals \$747,650.

As in previous years, staff has reviewed all the requests in detail and will provide a recommended distribution of the budgeted grant funds.

f. Update on Rural League

An opportunity for discussion regarding an update on the Rural League provided by Gerard Mackay.

g. Consideration of an Amendment to the Tax Exemption for Non-Profit Organizations Policy

Please see a copy of our policy attached. Staff would like Council to give consideration to the following amendment:

8. A condition of receiving this tax exemption for all Halls, Community Centres, Fire Halls and other public meeting spaces is to provide the Municipality with 7.5 hours of use of a meeting space capable of holding 50 or less occupants without charge each fiscal year.

The Municipality provides approximately \$125,000 in tax exemptions to these facilities and properties. This amendment is viewed as a reasonable benefit, allowing the Municipality to make use of these facilities from time to time for community outreach or other purposes. We also recognize that rental fees are the main source of revenue for these facilities, which is why the use is limited to 7.5 hours (1 work day) and in a mid-sized room or smaller.

Staff is seeking Council discussion on the proposal. If Council feels this is a reasonable request staff will reach out to the affected facilities for its views prior to preparing a formal amendment for consideration.

REPORTS FROM INTER-MUNICIPAL BOARDS, COMMITTEES AND COMMISSIONS

Please see the attached reports.

COMMUNITY EVENTS

This item provides councillors with an opportunity to briefly bring to the attention of Council events that are taking place in their communities.

STAFF REPORTS

Administration

- On Friday, April 13, the kick-off meeting for the Economic Assessment was held at the Municipal Office. During this meeting the specific outcomes and outputs of this assessment were discussed as well as the process. The assessment will focus on identifying gaps and deficiencies in our regional economy that, “get us knocked off the short list.” Once those are determined the focus will shift to opportunities to address these gaps and deficiencies.

The information gathered from the public over the past few years concerning economic development and opportunities will be used rather than holding another public engagement session. This information will then be further vetted by Councils and strategic interviews and focus groups with a targeted group of business people. This assessment has a 15 week timeline and associated milestones. The steering committee will evaluate progress at regular intervals.

- On Wednesday, April 18, Glenn Horne facilitated a *Lunch & Learn* with staff concerning Municipal Modernization.
- An Invitation to Tender has been posted on the Municipal website for Municipal Office Site Accessibility Improvements. Work generally includes re-construction of the Staff parking lot, new concrete walkway, new concrete curb, site drainage and site grading. Bids will be received at the Municipal Office until 2:00 pm on Thursday, May 10, 2018.

Recreation

- Ground breaking on the pavilion is expected as the weather improves and the ground dries.

- On April 23rd, Amy Leigh George began in the position of Recreation Programmer.
- On April 23rd, the Recreation Department welcomed a new part-time employee of the Seniors Getting Involved Association, who will be working out of the County Office for nine weeks. Kayla Partridge has been hired as Games Coordinator for this years' Antigonish 55+ Games.

Finance

- Finance team has been wrapping up fiscal year end, and preparations for on track for the 2018-2019 Budget
- The Tax Sale was held on Wednesday April 25th, and was very well attended.

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH

Committee of the Whole Meeting Minutes

Tuesday, April 17, 2018, 6:30 pm
Council Chambers
Municipal Administration Building
285 Beech Hill Road
Beech Hill, NS B2G 0B4

Present were: Warden Owen McCarron
Deputy Warden Hugh Stewart
Councillor Mary MacLellan
Councillor Donnie MacDonald
Councillor Vaughn Chisholm
Councillor John Dunbar
Councillor Gary Mattie
Councillor Neil Corbett
Councillor Bill MacFarlane

Regrets: Councillor Remi Deveau

Staff Present: Glenn Horne, Clerk-Treasurer
Beth Schumacher, Deputy Clerk
Tammy Feltmate, Director of Sustainable Communities
Allison Duggan, Director of Finance
Marlene Melanson, Director of Recreation
Adam Rogers, Solicitor - Boudrot Rodgers Law Firm

1. Call to Order – Chairman, Warden Owen McCarron

The meeting of the Committee of the Whole was called to order by the Chair, Warden McCarron, at 6:37pm

2. Approval of Agenda

Mr. Horne requested that two additions be made to the agenda; a golf tournament request, and Asset Management related items

Moved By Councillor MacLellan

Seconded By Deputy Warden Stewart

That the agenda be approved as amended.

Motion Carried

3. **Approval of April 3rd Committee of the Whole Minutes**

The Warden called for any errors or emissions in the April 3, 2018 Minutes.

Moved By Councillor Corbett

Seconded By Councillor MacFarlane

That the Committee of the Whole minutes of April 3, 2018 be approved as presented.

Motion Carried

4. **Delegations**

There were no delegations

5. **Continuing Business**

a. **Smart Cities Challenge Discussion**

Ms. Feltmate provided the Committee with a presentation of work done to date on developing a challenge statement for the Smart Cities Challenge. A summary of the responses received from the community to date was displayed for the Committee. Staff presented a one page summary of ideas for potential projects relating to water and energy to the Committee. Discussion followed.

Members of the Committee were requested to provide any comments to staff by Friday, April 20th. The Challenge Statement submission deadline is Tuesday, April 24th.

b. **Active Transportation Priorities Approval**

Ms. Melanson reviewed a request for direction outlining three objectives that staff is recommending for focus in the 2018-2019 municipal fiscal year. They are:

- Objective #7 - Create an AT corridor along old highway 104 (now route 4)
- Objective #15 - Provide financial support to community led AT initiatives
- Objective #10 - Increase safety on popular cycling routes within Antigonish County

Moved By Councillor Corbett

Seconded By Councillor MacDonald

That the Committee recommends that Municipal Council adopts the Active Transportation Implementation Plan, and prioritizes the following three objectives for focus during the 2018-2019 municipal fiscal year:

- *Create an AT corridor along old Highway 104 (now Route 4)*
- *Provide financial support to community led AT initiatives*
- *Increase safety on popular cycling routes within Antigonish County*

Motion Carried

c. **Awarding a Tender for Tree Harvesting**

Mr. Horne provided the Committee with an overview of the tender process, and brought forward the recommendation of staff to award the tender to Mr. Ralph Penny for the bid price of \$16,200.00

Moved By Councillor Mattie

Seconded By Deputy Warden Stewart

The Committee recommends that Municipal Council award the contract to clear an area of the Beech Hill Solid Waste Resource Management Facility to Mr. Ralph Penny at a bid price of \$16,200.00.

Motion Carried

6. **New Business**

a. **Sexual Assault Awareness Month Proclamation**

Mr. Horne reviewed the proclamation for Sexual Assault Awareness Month, which was signed on April 5th.

Moved By Councillor MacDonald

Seconded By Councillor Dunbar

The Committee recommends that Municipal Council approves the proclamation of April as Sexual Assault Awareness Month in Antigonish Town and County.

Motion Carried

b. **Gaelic Nova Scotia Month Proclamation Request**

Mrs. Schumacher reviewed the request from the Minister of Gaelic Affairs regarding the proclamation of the month of May as Gaelic Nova Scotia Month. Discussion followed.

Moved By Deputy Warden Stewart

Seconded By Councillor MacFarlane

The Committee recommends that Municipal Council approves the proclamation of May as Gaelic Nova Scotia Month in Antigonish County.

Motion Carried

7. **Reports from Inter-Municipal Boards, Committees and Commissions**

In the interest of time, this item was deferred to be included in the Reports from Individual Councillors provided during the Council meeting.

8. Community Events

In the interest of time, Mr. Horne asked that these items be presented in the Reports from Individual Councillors provided during the Council meeting.

9. Staff Reports

Staff reports were included in the agenda memo for the Committee's information.

10. Additions to the Agenda

a. Asset Management Related Items

Mr. Horne reviewed an update regarding J-Class Roads for information. The Municipality has received acceptance for funding cost sharing for West River Cross Road and Old South River Road. No confirmation was received for the repaving of Somers Road. Letters have been distributed for a 12% cost share with the property owners on West River Cross Road, as this is a new paving project. There is no local improvement charge for the repaving project on Old South River Road. Notice is due back to the province of acceptance of these terms in early May, so this item will be on the Asset Management Committee agenda on May 1st.

Further, staff has approached DTIR regarding Harbour View Lane, requesting that this stretch of road be repaved, with curb and gutter, at their cost. If this is done, the Municipality may consider taking this as a Municipal Street.

The PCAP program is now open for applications; staff is currently preparing an application for curb and gutter on Appleseed Drive.

b. Golf Tournament Request

The Municipality has received a request to contribute to the "Chip in for St. Martha's" tournament. This is the first time this has taken place, and will raise funds for the hospital. The County has been asked to participate in sponsoring a combined team with the Town at a cost of \$500 per organization. Staff will follow-up with the Town to see if they are interested.

Adam Rodgers joined the meeting at 7:15 pm.

11. In-Camera Items

This subject matter falls within Section 22(2) of the Municipal Government Act as a matter that a committee may discuss in a closed session. It is recommended a motion be made to initiate an in-camera session.

Moved By Councillor Dunbar

Seconded By Councillor MacLellan

That the Committee of the Whole Meeting be adjourned to an In-Camera Session to discuss Personnel Matters at 7:25pm

Motion Carried

Moved By Deputy Warden Stewart

Seconded By Councillor Mattie

That the Committee recommends that Municipal Council the appointment of the individuals who were listed as Recreation and Summer Inclusion Leaders.

Motion Carried

Moved By Deputy Warden Stewart

Seconded By Councillor Corbett

That the Committee recommends that Municipal Council the appointment of Amy Leigh George to the position of Recreation Programmer.

Motion Carried

Moved By Councillor Chisholm

Seconded By Councillor Dunbar

That the Committee recommends that Municipal Council the appointment of Michelle Dobbin to a term position in the Finance Department.

Motion Carried

Moved By Councillor MacFarlane

Seconded By Deputy Warden Stewart

That the In-Camera session be adjourned at 7:29pm.

Motion Carried

12. Adjournment

Moved By Councillor MacDonald

Seconded By Councillor Mattie

That the Committee of the Whole meeting be adjourned at 7:29pm

Motion Carried

Warden Owen McCarron

Glenn Horne, Municipal Clerk/Treasurer

2018

Corporate Partnership



As host of the top summer sporting events in the Maritimes, Riverside International Speedway offers unique marketing opportunities for companies with a goal to present its products and services to a brand-loyal audience.

Our 2018 season includes an exciting schedule with everything from Mini Stocks - four cylinder entry level race cars, to the top touring series in the Maritimes - the Parts for Trucks Pro Stock Tour, to the NASCAR Pinty's Series - its only stop on Canada's east coast, to the IWK 250 - an event that has attracted NASCAR legends year after year.

By offering such a diverse schedule we increase our fan base and in so doing the value to our marketing partners.

In 2017 more than 30,000 spectators passed through our gates coming from the local area as well as drawing large numbers from throughout the Maritimes. Our website and social media numbers are strong with more than 1.5 million hits/reaches. With the continued growth expected for 2018 these numbers should increase.

Our reach, and that of our marketing partners, extends even further with the television broadcast of the NASCAR Pinty's Series event on TSN, rated at more than 250,000 viewers. And all three of our Parts for Trucks Pro Stock Tour-sanctioned events are broadcast live online worldwide via Race Time Radio, whose professional announcers do a fantastic job promoting both the event and our partners to those who are unable to be at our events in person.

Our marquis event, the IWK 250 Presented by Steve Lewis, has grown to become what is widely known as the most exciting stock car race in Canada. The three-day event attracts more than 10,000 spectators with many of those staying in our on-site campground full to capacity with more than 800 sites. Since its inception in 2007, the IWK 250 has raised awareness and more than \$500,000 for the IWK Health Centre.

Management and staff at Riverside International Speedway are committed to offering the best value possible to our partners and as such provide a professional support staff, both at the track and in preparation and promotion of the events. We utilize a combination of television, internet, radio, magazine, and newsprint to promote our shows. Professional graphics and public relations help garner even more advance exposure and once on-site our fans enjoy the best public relations announcers in the business.

I invite you to be a part of our exciting 2018 season and explore the many possibilities to work with us in developing and activating a partnership that will provide your brand the exposure it deserves. A variety of offerings ensure your product or service gain maximum coverage. In addition, we are happy to consider combinations as well as custom packages in order to best fit your budget and goals.

Thank you in advance for the consideration.

I look forward to hearing from you.


Sincerely,

Jerry Duggan, CPA, CA
CFO
Riverside International Speedway

**The BIGGEST,
BADDEST,
Loudest,
Fastest
Racin' you'll ever witness
on a 1/3 mile oval.**

BRONZE PACKAGE

for 2018 - \$920.00, including HST

Bronze Package - Benefits:

- (2) reserved seat tickets for each of the 2018 racing events
- (2) lap sponsorships for the IWK 250
- 2' x 2' sign along the grandstand walkway
- public address system announcements during each of our events
- your company logo on our lap board, for the season
- your company logo on our website sponsor page, with link

Bronze Package - Renewals:

_____ Yes, please renew my sponsorship for the 2018 racing season

_____ Yes, I will be renewing but with changes, please call me

_____ No, I will not be renewing my sponsorship for the 2018 racing season

Bronze Package - New Sponsor:

_____ Yes, please sign me up for the 2018 racing season

Company Name:					
Your Name:		Phone #:		Email:	

For More Information: Paul McLean at 902-863-9614 / 902-863-2291 or mclean@riversidespeedway.ca
or... www.riversidespeedway.ca



Trans-Canada Highway 104, Exit 30 at James River
PO Box 1969, Antigonish, Nova Scotia, B2G 2M5



for 2018 - \$1,380.00, including HST

Silver Package - Benefits:

- (2) reserved seat tickets for each of the 2018 racing events
- (5) lap sponsorships for the IWK 250
- 30" x 6' sign on pit wall
- (2) public address system announcements during each of our events
- your company logo on our lap board, for the season
- your company logo on our website sponsor page, with link

Silver Package - Renewals:

- _____ Yes, please renew my sponsorship for the 2018 racing season
- _____ Yes, I will be renewing but with changes, please call me
- _____ No, I will not be renewing my sponsorship for the 2018 racing season

Silver Package - New Sponsor:

- _____ Yes, please sign me up for the 2018 racing season

Company Name:					
Your Name:		Phone #:		Email:	

For More Information: Paul McLean at 902-863-9614 / 902-863-2291 or mclean@riversidespeedway.ca
or...www.riversidespeedway.ca



Trans-Canada Highway 104, Exit 30 at James River
PO Box 1969, Antigonish, Nova Scotia, B2G 2M5

GOLD PACKAGE

for 2018 - \$2,875.00, including HST

Gold Package - Benefits:

- (6) reserved seat tickets for each of the 2018 racing events
- (10) lap sponsorships for the IWK 250
- (2) signs: (1) 4' x 8' sign along the grandstand walkway plus (1) 30" x 6' on pit wall
- (3) public address system announcements during each of our events
- your company logo on our lap board, for the season
- your company logo on our website sponsor page, with link

Gold Package - Renewals:

- _____ Yes, please renew my sponsorship for the 2018 racing season
- _____ Yes, I will be renewing but with changes, please call me
- _____ No, I will not be renewing my sponsorship for the 2018 racing season

Gold Package - New Sponsor:

- _____ Yes, please sign me up for the 2018 racing season

Company Name:					
Your Name:		Phone #:		Email:	

For More Information: Paul McLean at 902-863-9614 / 902-863-2291 or mclean@riversidespeedway.ca
or...www.riversidespeedway.ca



Trans-Canada Highway 104, Exit 30 at James River
PO Box 1969, Antigonish, Nova Scotia, B2G 2M5

PLATINUM PACKAGE

for 2018 - \$5,750.00, including HST

Platinum Package - Benefits:

- (10) reserved seat tickets for each of the 2018 racing events
- (20) lap sponsorships for the IWK 250
- (2) signs: (1) 4' x 8' sign along the grandstand walkway plus (1) 30" x 6' on pit wall
- (5) public address system announcements during each of our events
- your company logo on our lap board, for the season
- your company logo on our website sponsor page, with link

Platinum Package - Renewals:

_____ Yes, please renew my sponsorship for the 2018 racing season

_____ Yes, I will be renewing but with changes, please call me

_____ No, I will not be renewing my sponsorship for the 2018 racing season

Platinum Package - New Sponsor:

_____ Yes, please sign me up for the 2018 racing season

Company Name:					
Your Name:		Phone #:		Email:	

For More Information: Paul McLean at 902-863-9614 / 902-863-2291 or mclean@riversidespeedway.ca
or...www.riversidespeedway.ca



Trans-Canada Highway 104, Exit 30 at James River
PO Box 1969, Antigonish, Nova Scotia, B2G 2M5

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH

REQUEST FOR DECISION / DIRECTION

TO: MUNICIPAL COUNCIL COMMITTEE OF THE WHOLE
FROM: MARLENE MELANSON, RECREATION DIRECTOR
SUBJECT: MUNICIPAL PHYSICAL ACTIVITY LEADERS PROGRAM
DATE: MAY 2, 2018

RECOMMENDATION

That Municipal Council of the Municipality of the County of Antigonish renew the Memorandum of Understanding for the “Municipal Physical Activity Leaders (MPAL)” program between the Municipality and the province of Nova Scotia for an additional five year term.

BACKGROUND

The MPAL program is a partnership between the Nova Scotia Department of Communities, Culture & Heritage and the municipality to cost-share in the implementation of a comprehensive local physical activity plans intended to increase participation in health enhancing physical activity. See attached MOU for additional details. We have been a partner in this program since 2008 and 2018 marks the beginning of our 3rd five year cycle in the MPAL program.

CONSIDERATIONS

Renewing the MPAL agreement will allow the recreation department to continue working towards the development of Healthy Communities through increased physical activity opportunities.

STRATEGIC PLAN The Recreation Department Recreation and Physical Activity Plan.

WORK PLAN IMPLICATIONS As per the goals and actions outlined in the recreation department plan.

BUDGET IMPLICATIONS

Through this program the Municipality receives \$25,000 towards the salary of the Physical Activity Coordinator and access to several funding programs such as the After the Bell program and Facility Access Program.

ALTERNATIVES: To not renew the agreement.

COMMUNICATION CONSIDERATIONS: To inform the province of the Municipality’s intent to renew or not.

NEXT STEPS: Sign and forward the signed agreement to the province if a decision is made to renew.

MEMORANDUM OF UNDERSTANDING made this day of , 2018

BETWEEN:

HER MAJESTY THE QUEEN in right of the Province of Nova Scotia,
represented in this behalf by the Department of Communities, Culture
and Heritage (the "Department")

OF THE FIRST PART

- and -

MUNICIPALITY OF THE COUNTY OF ANTIGONISH ("the
Municipality")

OF THE SECOND PART

WHEREAS there are many health, social, economic and environmental benefits associated with increasing physical activity levels in the community;

AND WHEREAS the government of Nova Scotia, in collaboration with youth, parents and all sectors, wants to reverse the trend of physical inactivity in the province and avoid the social and economic burden of chronic diseases such as heart disease, Type II diabetes and some forms of cancer;

AND WHEREAS Municipal governments may impact healthy communities by including physical activities opportunities through parks, trails, active transportation, indoor and outdoor facilities, programs, leadership development, special events, volunteer recognition, after school programs, community use of schools and assisting community groups;

AND WHEREAS the Department has a program known as the Municipal Physical Activity Leadership Program (MPAL);

AND WHEREAS the MPAL Program is intended to provide qualified leadership to support the development and implementation of a comprehensive physical activity strategy approach by municipal government as a whole;

THEREFORE in consideration of the covenants and agreements contained in this Memorandum of Understanding, the parties agree as follows:

1. MUNICIPAL ROLES AND RESPONSIBILITIES

The Municipality is responsible for hiring an MPAL staff person (the “MPAL Staff”) and for the development, implementation and monitoring of a comprehensive “whole of government” strategy to increase physical activity in the Municipality (the “Plan”).

Specific responsibilities of the Municipality are to:

- 1.1. Ensure the initial Plan is implemented.
- 1.2. Ensure the Plan follows the principles set out in Schedule “A”, subject to any amendments to Schedule “A”, and in particular addresses the priorities of the Department which may be updated by the Department from time to time, but currently include:
 - A. Focus on youth, ages 12 to 18, especially girls;
 - B. Focus on female population across the lifespan; and
 - C. Walking and biking as part of daily living.
- 1.3. Identify a lead departmental staff (usually recreation) to provide leadership and management of the Plan.
- 1.4. Develop the job description and hiring process for the MPAL Staff in partnership with staff of the Department, and in accordance with the guiding principles set out in Schedule “B”.
- 1.5. Hire and be the employer of the MPAL Staff.
- 1.6. Develop a written planning process, with assistance from the Department, which identifies key tasks such as managing the planning process, gathering information and best practices, community consultation, communication with other municipal department staff and elected officials, involvement by community partners and a time line that concludes with council approval of the plan.
- 1.7. Submit the written planning process to the Department staff within three (3) months of the date the MPAL Staff is hired.
- 1.8. Develop appropriate partnerships with adjacent municipal units, health, education, and related organizations.
- 1.9. Seek input and feedback from the Department on drafts of the Plan on a timely basis.

- 1.10. Implement the Plan based on available resources.
- 1.11. Participate in provincially sponsored training and networking events.
- 1.12. Prepare an annual report on progress, including annual achievements and financial expenditures, to be submitted to the Department in accordance with clause 7.2.
- 1.13. Participate in provincially sponsored evaluation of the MPAL program in consultation with the Department
- 1.14. Recognize the Department's contribution to the program in promotional coverage of the Plan.

2. DEPARTMENTAL ROLES AND RESPONSIBILITIES

The Department is responsible for assisting the Municipality with development, implementation and evaluation of the Plan.

Specific responsibilities of the Department are to:

- 2.1. Assist and support the Municipality with the staffing process for the MPAL program, including but not limited to developing the job description and selection criteria and participating in the selection committee as required. The Department will review and approve the hiring process and job description before the position is posted.
- 2.2. The Department is not and shall not be deemed to be the employer of the MPAL staff.
- 2.3. Provide consultation, technical advice and support to elected and appointed officials on the Plan.
- 2.4. Provide orientation, training and resource materials on the MPAL program and new and emerging trends that effect physical activity.
- 2.5. Coordinate opportunities for sharing between municipal units on a regional and provincial basis.
- 2.6. Fund a citizen survey in the Municipality to establish current physical activity levels, attitudes toward physical activity, and current facilities and programs to help inform the Plan and to measure progress.
- 2.7. Inform the Municipality about provincial government policies and programs that affect physical activity.

- 2.8. Provide a template for the annual reporting process, including progress on the Plan and a financial statement.
- 2.9. Coordinate an evaluation process for the MPAL program.
- 2.10. Provide funding in accordance with Section 4 of this Memorandum of Understanding.

3. TERM

- 3.1. The term of this Memorandum of Understanding will commence on April 1, 2018 and expire on March 31, 2019 or on such earlier date as the Memorandum of Understanding may be terminated pursuant to subsection 5.1 or 5.2.
- 3.2. The Memorandum of Understanding may be renewed with the mutual written consent of both Parties.

4. FUNDING

- 4.1. The Department will make available, subject to the terms of this Memorandum of Understanding, funding of \$25,000 to be used towards the salary, benefits, professional development and travel ("Salary and Benefits") of the MPAL staff to develop and implement the Plan for the MPAL Program.
- 4.2. Subject to Section 4.4, 80% of the annual funding amount in Section 4.1 will be paid on June 1st, and the remaining 20% on January 31st.
- 4.3. The Municipality agrees to make contribution of a minimum of \$20,000 toward the Salary and Benefits of the MPAL staff for the MPAL Program.
- 4.4. The payment of funds by the Department is contingent upon receipt of the Annual Report from the Municipality as set out in clause 7.2.
- 4.5. The Department's obligation to pay money to the Municipality under this Memorandum of Understanding is subject to an annual appropriation being available in the fiscal year of the Province during which the payment becomes due.
- 4.6. The Municipality agrees that the annual funding amount shall be adjusted and pro-rated based on the actual cost of the Salary and Benefits of the MPAL staff at the Department's discretion.
- 4.7. The Municipality agrees that if a surplus of funds remains at the end of the term of this Memorandum of Understanding, the funds will be dispersed in the manner agreed to by the Department.

5. TERMINATION

- 5.1. The Department may terminate this Memorandum of Understanding upon forty-five (45) days written notice if the Municipality fails to keep, observe or perform any of the other terms, conditions or covenants contained in this Agreement, or allows such default to continue for ten (10) days after notice of such default has been given to the Community. The Department will provide written notice to the Municipality specifying the date of termination.
- 5.2. Notwithstanding subsection 5.1, either party may terminate this Memorandum of Understanding at any time by giving at least six (6) months notice.
- 5.3. The Municipality, as employer of the MPAL Staff, is responsible for any amounts owing to the MPAL Staff on or after termination of this Memorandum of Understanding for any reason.

6. NOTICE

- 6.1. Throughout the Term of this Memorandum of Understanding, all notices and communications in connection with this Memorandum of Understanding are to be addressed to:

The Department

Elaine Shelton
 Manager, Physical Activity
 Department of Communities, Culture and
 Heritage
 1741 Brunswick Street, 3rd floor
 PO Box 456
 Halifax, NS B3J 2R5

The Municipality

Marlene Melanson, Recreation Director
 285 Beech Hill Road
 RR6 STN Main
 Antigonish, NS B2G 0B4

7. RECORDS

- 7.1. The Municipality agrees to maintain records and program documentation for the MPAL program satisfactory to the Department during the Term and for a period of 7 years following the end of the Term or on earlier termination of this Memorandum of Understanding. In order for the Department to monitor the quality of services performed, the Municipality agrees to permit the Department full access to all records, accounts and facilities related to the program and to meet with members of staff of the program at mutually agreeable times.
- 7.2. The Municipality shall provide the Department with a copy of an annual report related to the program, following the template provided by the Department, no later than May 31st of each year.

8. GENERAL

- 8.1. This Memorandum of Understanding may be amended by the parties by agreement in writing, with the exception that the Department may unilaterally amend the program plan outlined in Schedule "A" and the priorities listed in clause 1.2. If the Department amends the plan principles or priorities it will provide 6 months' notice of the upcoming change and will work with the Municipality to develop an appropriate transition plan
- 8.2. If anything is required to be done by the Department pursuant to this Memorandum of Understanding, it may be done by anyone duly authorized to act on the Department's behalf.
- 8.3. The Municipality shall not assign or subcontract this Memorandum of Understanding or any part thereof prior to obtaining the written consent of the Department, whose consent may be withheld for any reason.
- 8.4. The Municipality is acting as an independent contractor in the performance of this Memorandum of Understanding and shall not be deemed to be an employee, agent or in a joint venture with the Province.
- 8.5. This Memorandum of, including attached Schedules A and B, constitute the entire agreement between the Municipality and the Department with respect to the Project and supersede all previous understandings, written or oral correspondence, agreements and collateral documents between them relating to the Project.
- 8.6. The signatories warrant that they have the full power and authority to enter into this Agreement on behalf of their respective parties and that the person signing this Agreement on behalf of each has been properly authorized and empowered.

Remainder of page left intentionally blank

IN WITNESS WHEREOF the parties hereto have caused this Memorandum of Understanding to be properly executed on the dates hereinafter set forth.

SIGNED, SEALED AND DELIVERED
in the presence of

Witness

Witness

) **HER MAJESTY THE QUEEN** in right of
) the Province of Nova Scotia as represented in
) this behalf by the Department of Communities,
) Culture and Heritage
)

) _____
) Per:
)

) _____
) Date
)

) **MUNICIPALITY OF THE COUNTY OF**
) **ANTIGONISH**
)

) _____
) Owen McCarron, Warden
)

) _____
) Date
)
)

SCHEDULE "A"

PLAN PRINCIPLES

The following principles should guide the development of comprehensive municipal and community wide physical activity plans. It is expected that each strategy will show how each principle is addressed:

1. **Whole of Municipal Government:** Integrate physical activity and the creation of active communities into the existing planning and decision-making processes of all relevant operational areas in the municipal government. Use physical activity to meet municipal objectives by linking municipal physical activity plans to other municipal strategies and aligning physical activity strategies with the priorities of other sectors.
2. **Comprehensive:** Use multiple strategies and multi-level interventions to address factors influencing physical activity behavior at the individual, social and physical environments, and policy levels. This includes physical activity in settings other than recreation such as active transportation, work or school and the home environment.
3. **Partnerships:** Invite relevant sectors of society to collaborate in promoting physical activity and creating an active community. Potential partners include government and non-government organizations, schools, community groups, and business, at all levels.
4. **Sustainable:** Seek political, organizational, and financial commitment from active community partners for long-term physical activity strategies.
5. **Community Involvement:** Involve local residents in creating active communities and make it easy for people to participate in community consultations, planning, and implementation activities.
6. **Evidence-Informed and Effective:** Use the best available evidence of what works to inform decisions in policy, planning, program development, and practice.
7. **Tailored to the Community:** Adapt physical activity interventions to the local context and ensure that existing community assets are used where appropriate.
8. **Whole Population Reach:** Design physical activity interventions and approaches to reach as many people as possible while recognizing that some groups need special attention. Use a life-course approach to address the needs of people in various phases of human development i.e. children, youth, families, adults, and older adults.
9. **Equity:** Eliminate disparities in access to physical activity opportunities and reduce social and health inequities that arise as a result of factors such as geography, ethnicity, gender, and

socio-economic status by focusing on the most inactive groups and groups with inequitable access to physical activity resources.

- 10. Capacity Building:** Build the commitment, skills, and knowledge of active community leaders and partners at all levels through training in physical activity interventions.
- 11. Focus on populations that are inactive or sedentary:** Moving sedentary people from light or no activity to a point where they accumulate 30 minutes of moderately intense activity on 3-4 days per week is the best gain from a population perspective. Achieving the recommended guideline of 150 minutes or more per week is better for health gains but some activity is better than none.

SCHEDULE "B"**MPAL STAFF POSITION PRINCIPLES**

1. The MPAL staff position (the "MPAL Staff") will work in cooperation with appropriate Municipal staff to use the Plan to identify actions expected by a range of Municipal staff or elected officials. For example, public works staff may need to salt sidewalks at a different time, or the CAO may need to talk with the School Board Superintendent about community use.
2. Cooperation with other key departments and staff (such as recreation, planning, tourism etc.) is essential.
3. The MPAL Staff is not intended to replace or duplicate ordinary functions of the Municipal recreation department. Some latitude may be given to establish the basic functions of a recreation department where none currently exists, but the priority will remain physical activity outcomes.
4. The duties of the MPAL Staff should reflect the diversity of the Plan in terms of requiring multiple actions covering policy development, program development, public awareness and changes to the social and built environments.
5. The MPAL Staff can be expected to play a fair and equal role with municipal-wide priorities from time to time.
6. The MPAL Staff is expected to participate in regional physical activity projects and teams.

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH

REQUEST FOR DECISION / DIRECTION

TO: MUNICIPAL COUNCIL COMMITTEE OF THE WHOLE
FROM: MARLENE MELANSON, RECREATION DIRECTOR
SUBJECT: ACCESSIBLE BEACHES
DATE: MAY 2, 2018

RECOMMENDATION

None at this time. This topic is being presented for information purposes.

BACKGROUND

The recreation department was recently made aware of a project in a nearby Municipality to make beaches more accessible using beach mats and floating wheelchairs. In order to gather more information about this initiative a meeting was held with a “Mobimat” representative: a supplier of beach mats and floating wheelchairs. Discussions also took place with the Department of Natural Resources to discuss making beaches more accessible.

CONSIDERATIONS

Assistive beach equipment would allow people to go right down onto the sand and into the ocean who might otherwise not be able to do so.

In order to move this project forward, the Municipality would be working closely with the Department of Natural Resources.

STRATEGIC PLAN

Providing accessible beaches is a means of continuing the ongoing practice of the Municipality to increase accessibility to recreation opportunities in Antigonish. It also supports the Nova Scotia Accessibility Act.

BUDGET IMPLICATIONS

The MobiMat comes in 5 and 6 1/2 ft widths and 16 to 100 foot lengths. They range in price from \$850 to \$3000. (For example: a 5' x 16' mat is \$850 US; a 6 1/2' x 16' mat is \$1000 US)

Depending on the location there would be additional cost for boardwalk upgrades and/or construction of new boardwalks.

ALTERNATIVES

- 1) Maintain the status quo and leave the beaches as is.

ACCESSIBLE BEACHES

COMMUNICATION CONSIDERATIONS

None at this time

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NEXT STEPS

That municipal council give consideration to exploring accessible beach options for Antigonish County.

MUNICIPALITY OF THE COUNTY OF
ANTIGONISH

REQUEST FOR DECISION / DIRECTION

TO: MUNICIPAL COUNCIL COMMITTEE OF THE WHOLE
FROM: MARLENE MELANSON, RECREATION DIRECTOR
SUBJECT: FUNDING REQUESTS, LES JEUX DE L'ACADIE
DATE: MAY 2, 2018

RECOMMENDATION

That Municipal Council review the attached requests from Gabrielle Samson for the 2018 Jeux de l'Acadie as it relates to the new Schedule F on the Community Partnership Grant Program. (Copy of scheduled D-F which cover travel assistance is attached)

BACKGROUND

The attached requests is from the organizing committee of les Jeux de l'Acadie at Ecole acadienne de Pomquet. Teams from the school will be participating at the Acadian Games in Meteghan, Nova Scotia, May 17th to the 20th. They are requesting \$220 from each councillor in district 4 -10.

CONSIDERATIONS

The criteria in schedule D – E of the Community Grant Partnership program.

STRATEGIC PLAN n/a

WORK PLAN IMPLICATIONS n/a

BUDGET IMPLICATIONS

\$1540 if the application if the request is approved as submitted; \$0 if the request is denied.

ALTERNATIVES

Approve or deny the request

COMMUNICATION CONSIDERATIONS

Applicant will have to be notified of the decision.

NEXT STEPS

Approve or deny the request and notify applicant.

JEUX DE L'ACADIE FUNDING REQUESTS

Gabrielle Samson
Jeux de l'Acadie – Pomquet region
791 Taylor Rd
Pomquet, NS, B2G 2L4
902-386-5700

April 23, 2018

Dear Councillor,

Our group organizes the Pomquet region to attend an annual sporting event with all the other French schools in the province. This event gives the opportunity to our participants to gain experience in team play and to develop their skills in a sport. I, myself, have participated thirteen times and now I am the leader for this region, Pomquet, I now call home. This event takes place every long weekend in May, this year being from May 17th to the 20th, 2018 in Meteghan, Nova Scotia. The athletes have been practicing all year and we proudly would like to send 6 teams: mini handball, volleyball, ultimate Frisbee, badminton, archery and track and field.

Our athletes have fundraised money to attend this event again this year and since the event is quite a distance away, some fees have been increased making it a little difficult for some participants to attend. We will be sending 35 athletes this year with 26 volunteers to represent our region. Some of these athletes reside in your district and we are asking if you could help with some of the funds. We have some athletes that come from under privileged homes and are unable to pay the fees. We are looking to fund these participants.

Looking at the district lines, I have identified that our participants reside in districts 4 to 10. I am sending this letter to the councilors of these districts requesting the same amount. Hopefully with your financial help, we will be able to send these athletes to the Acadian Games this year. To make this possible, each councilor mentioned earlier in this letter will be asked for a donation of \$220.

If this interests you and you want to help, please feel free to contact me at the Pomquet school, École acadienne de Pomquet at 902-386-5700 or by e-mail at samsongab@sepne.ca. Our financial accounts are with the school so if you wish to help by cheque, please address it to the school: École acadienne de Pomquet.

We would like to thank-you for your generosity.

Respectfully,

Gabrielle Samson
Chef de mission – Pomquet

SCHEDULE D – RECREATION, SPORT, AND CULTURAL TRAVEL ASSISTANCE GRANTS

OBJECTIVE

1. To provide travel assistance to youth teams, clubs, or organizations travelling to sport or cultural competitions/tournaments outside of Antigonish County.
2. To provide travel assistance to local youth who have been selected as members of a provincial or national team.

CRITERIA:

Basic Eligibility Requirements for All Grants

Applications will be accepted from groups that:

- Have submitted complete applications at least two (2) weeks prior to the travel date(s) or as soon as they find out they have been selected.
- Have fulfilled any obligations outstanding from previous grant awards;
- Have provided proof of non-profit status or is a group that is not incorporated but has an executive, membership and a proven reputation.
- Apply on behalf of an individual(s) who are members of their organization.

Applications will not be accepted from:

- Individuals;
- For-profit businesses;
- Organizations with political affiliations;
- Faith organizations where services/activities include the promotion and/or required adherence to a faith;
- Hospitals, clinic-based services or medical treatment programs;
- School boards;
- Provincial/national organizations unless a local chapter exists to service the residents of Antigonish County;
- Organizations seeking assistance in funding deficits.

Youth is defined as an individual who is 18 years of age or younger and a resident of the Municipality of the County of Antigonish. Applicants must have competed in a competitive event or activity and qualified to compete at the next level of completion.

The next level of competition must be at the provincial, eastern Canadian or national level, or higher and recognized as such by the governing body specific to each discipline. (Examples include but not limited to Provincial Sport Governing Body, National Sport, Governing Body, Scotdance Canada, and Nova Scotia School Athletic Federation.)

Invitational tournaments are not eligible for funding.

The tournament/competition site must be 100km or more from the team, club or organizations home base in Antigonish.

SCHEDULE E – LEADERSHIP DEVELOPMENT GRANTS

OBJECTIVE

To provide travel assistance to youth travelling to workshops and conferences which are leadership based or educational in nature.

CRITERIA:

Basic Eligibility Requirements for All Grants

Applications will be accepted from groups that:

- Have submitted complete applications at least two (2) weeks prior to the travel date(s) or as soon as they find out they have been selected.
- Have fulfilled any obligations outstanding from previous grant awards;
- Have provided proof of non-profit status or is a group that is not incorporated but has an executive, membership and a proven reputation.
- Apply on behalf of an individual(s) who are members of their organization.

Applications will not be accepted from:

- Individuals;
- For-profit businesses;
- Organizations with political affiliations;
- Faith organizations where services/activities include the promotion and/or required adherence to a faith;
- Hospitals, clinic-based services or medical treatment programs;
- School boards;
- Provincial/national organizations unless a local chapter exists to service the residents of Antigonish County;
- Organizations seeking assistance in funding deficits.

Youth is defined as an individual who is 18 years of age or younger and a resident of the Municipality of the County of Antigonish.

Applicants must have gone through a selection process and selected by the host organization/team as a participant or team member.

PROPOSED

SCHEDULE F – ELECTED TRAVEL ASSISTANCE GRANTS

OBJECTIVE

1. To provide travel assistance to youth teams, clubs, or organizations for elected travel for sports, cultural or educational purposes outside of the Maritimes.

CRITERIA:

Basic Eligibility Requirements for All Grants

Applications will be accepted from groups that:

- Have submitted complete applications at least two (2) weeks prior to the travel date(s) or as soon as they find out they have been selected.
- Have fulfilled any obligations outstanding from previous grant awards;
- Have provided proof of non-profit status or is a group that is not incorporated but has an executive, membership and a proven reputation.
- Apply on behalf of an individual(s) who are members of their organization.

Applications will not be accepted from:

- Individuals;
- For-profit businesses;
- Organizations with political affiliations;
- Faith organizations where services/activities include the promotion and/or required adherence to a faith;
- Hospitals, clinic-based services or medical treatment programs;
- School boards;
- Provincial/national organizations unless a local chapter exists to service the residents of Antigonish County;
- Organizations seeking assistance in funding deficits.

Youth is defined as an individual who is 18 years of age or younger and a resident of the Municipality of the County of Antigonish.

If there are 3 or more individuals applying for the same trip/event, the individuals **MUST** apply as a group.

The event site must be outside of the Maritime Provinces to be eligible for funding.



Anita Stewart, Senior Safety Coordinator

For the Month: April, 2018

1. CORE SERVICES:

- New Clients: 3
- Reactivated Clients: 1
- Clients files closed: 0
- Referrals to other Agencies: 1
- Transportation of Seniors to events/appointments: 0
- Accompaniments: 0

SUMMARY OF ALL CONTACTS

Support To	Telephone From	Telephone To	Meeting In	Meeting Out
Client	6	9		
Organization	8	21		
Business	2	3		
Volunteers/Students	0	0		
Total	16	33		

2. COMMUNITY ACTION:

• **Committee Meetings:**

Antigonish Guysborough Seniors Council March 26, 2018
 Happy Tracadonians April 3, 2018
 Brenda MacKinnon (Community Links) April 5, 2018
 Antigonish Community Transit (in-camera meeting) April 5, 2018
 Crime Prevention April 5, 2018
 Wayne Mullins (SGIA) April 11, 2018
 Club 60 April 12, 2018
 SGIA, April 16, 2018
 Keep Well April 17, 2018

3. **PUBLIC EDUCATION**

- **Presentations/Fairs:**

- Fraud & Scam Session (facilitated by Cst. M. MacPherson) March 28/18
- Strait Area Community Response to Sexual Violence Conference March 28, 2018 (Port Hawkesbury)
- Police Academy April 2nd, 9th, 16th. April 16th was the last day of Police Academy with a graduation ceremony being held.

Staff Sgt. Holly

Glassford, Bob Hale, St.F.X, and Cst. Morgan MacPherson presented each

participant with a certificate. The ceremony was followed by

refreshments and snacks, provided by Staff Sgt. Glassford. A special thank

you to Cst. MacPherson for organizing this event which allowed seniors to

gain valuable knowledge and information through guest speakers,

including Cst. MacPherson who facilitated several of the sessions, as well

as making sure all participants had tea, coffee, water and snacks on

Monday mornings, which we all know caffeine is a necessity for many of

us, especially on Mondays! Thank you Morgan!

Media:

- Contacted Paul Kirwan at 98.9 on behalf of Keep Well Antigonish as they needed advertising to be done regarding early registration. They missed the deadline but Mr. Kirwan graciously agreed to providing them with some air time.

Staff Activity & Development:

- As reported last month, Walking Club is still seeing a great turnout.
- Had a meeting with Shelly Jollymore, Mobility Specialist, Family First Medical to discuss any new and current devices that may assist our seniors. I also mentioned to her on May 9, 2018, EMO will have an info session at the library and are inviting people to set up tables and provide people with information regarding their services.
- Contacted Doug Holmes, EMO, and advised him of above, providing him with Ms. Jollymore's contact information.
- Staff Sgt. Warren McBeath asked if any of our Senior's groups/homes might be interested in a treadmill, as the Antigonish detachment was giving one away. After several phone calls, arrangements were made to have the treadmill picked up and taken to its new home at the St. Andrew's Senior's Residence. Joe Van de Weil expressed gratitude on behalf of the tenants. A huge Thank You to Warren for providing seniors with the opportunity to get moving and stay fit in the comfort of their home!
- Keep Well Antigonish started its program April 6, 2018. Every Friday from 10-11 am, a fitness instructor leads a group of seniors in an exercise program, followed by a break, healthy snacks and then an hour presentation by a different guest speaker each Friday. We were unsure as to how many people to expect, hoping for twenty. The first Friday saw approximately 32 participants with a waiting list of 25 people! So far, a successful program in the making!
- April 12, 2018, I met with Melissa Wilmott and Barb Demarsh at St. Martha's Hospital. Both are social workers. We had a discussion on how we can collaborate to help seniors in our community. We also discussed the many challenges facing healthcare with seniors and their care givers/partners unfortunately feeling the burden. It was an excellent networking meeting with us deciding to work together, when situations allow, to support seniors within our community.
- I contacted Connie Decoffe from the Heatherton Group Home to discuss setting up a visit with a service dog. She applied for a visit several months ago and had not heard back from the organization. I contacted Cst. Deepak Prasad, who is involved with the St. John Ambulance Service Dog Program, who was able to provide me with information for Ms. Decoffe. Hopefully the visit will occur in the very near future!
- Operation Boomers will take place May 22, 2018. I have already received fifteen pre-registrations.
- I contacted Insurance Bureau of Canada and asked if they would like to partner with us in Operation Boomers. They agreed and will also help fund the program with a one thousand dollar donation.
- Club 60 members expressed interest in having a Fraud & Scam Session. I spoke with Cst. MacPherson and he will be facilitating this session; a date has not yet been confirmed.
- I have volunteered to secure medical first responders/first aid personnel for the 55+ Seniors Games to be held in June, 2018.
- The Keep Well Antigonish organization has decided to have a weekly hand out to give participants to inform seniors of events going on in the town and county of Antigonish. We want to encourage all participants to inform us of events taking place in their communities so it can be added to the weekly hand out as a way of encouraging more people to take part in events going on throughout our area.

Anita Stewart, Senior Safety Coordinator
Town & County Crime Prevention Association

April 18, 2018